

Vienna

SUMMER 2024

PARKS AND RECREATION PROGRAMS AND EVENTS GUIDE



SPECIAL EVENTS

*See pages 20 to 22, 30
and Back Cover*

TOWN OF VIENNA PARKS AND RECREATION
Creating community through people, parks and programs

SUMMER 2024 GENERAL INFORMATION

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PARKS AND RECREATION

Leslie Herman, CPRP, Director 703-255-6356
Nicole Falceto, CPRE, Deputy Director..... 703-255-6355

COMMUNITY CENTER

Nick Jones, Assistant Building Manager..... 703-255-5726
Joy DiLillo Harrington, Administrative Assistant II 703-255-5741
Gagan Sandhu, Customer Care Specialist 703-255-6360

PARKS

Jeremy Edwards, Parks Superintendent 703-255-6336
Brian Harrington, Parks Supervisor..... 703-255-5755
Matthew Fuller, ISA Cert. Arborist, Town Arborist 703-255-6309

RECREATION

Amy-Jo Hendrix CPRP, Recreation Program Manager..... 703-255-6357
Brandy Wyatt, Recreation Program Coordinator II 703-255-5721
Lily Dunning Widman, Recreation Program Coordinator II – Special Events.. 703-255-5738
Kathy Blevins, Recreation Program Coordinator – Mature Adults..... 703-255-7801
Derrick Cowles, Recreation Program Coordinator – Youth and Camps..... 703-255-6352
Lisa Shackelford, CPRP, Assistant Special Events Coordinator..... 703-255-6395
Ianna Alhambra, After School Program Coordinator 703-255-5736

PHONE NUMBERS

Community Center Front Desk/Business Office..... 703-255-6360
Fax..... 703-255-6399
Weather, Special Events and Sports Line..... 703-255-7842
Virginia Relay Center 711
Business Email ParksRec@viennava.gov

BUSINESS OFFICE HOURS

Monday – Friday: 8 a.m. – 4:30 p.m.

COMMUNITY CENTER HOURS OF OPERATION

Monday – Friday: 8 a.m. – 10:30 p.m. | Saturday: 8 a.m. – 9 p.m.

Sunday: 12 p.m. (noon) – 6 p.m.

Holiday hours and closures available at viennava.gov/hours.

YOUTH TEAM SPORTS

VIENNA BABE RUTH LEAGUE — boys ages 13–18, visit gvr.org for more information.

VIENNA LITTLE LEAGUE — For children ages 5–12,

Little League also sponsors a T-ball program. For further information see vll.org

VIENNA GIRLS SOFTBALL LEAGUE — Softball program for girls ages 3–18.

For more information visit vgsl.org

VIENNA YOUTH INC. — Programs in football, lacrosse, rugby, wrestling, volleyball, cheerleading, basketball and track and field. For more information, visit the vyi.org

VIENNA YOUTH SOCCER — For boys and girls ages 5 – 18, for information, visit vys.org

AMERICANS WITH DISABILITIES ACT

 In accordance with the Americans with Disabilities Act (ADA), Town of Vienna programs, services and facilities are available to all people regardless of race, color, national origin, sex, age or disability. The Director of Public Works at 127 Center Street S, Vienna, VA 22180 has been designated to coordinate ADA compliance. This location is fully accessible to persons with disabilities. Translation requests need to be made in writing at least 14 working days before the date of the event. The Vienna Parks and Recreation Brochure will be made available in large print or on an audio device upon request. Call **703-255-6360 TTY 703-255-5739 / Virginia Relay Center 711**.

SUMMER 2024 REGISTRATION

REGISTRATION DATES

IN TOWN BEGINS

May 6 at 8 a.m.

Classes need to reach the minimum number one week prior to the start date or they will be canceled. Camps must meet the minimum two weeks prior to the start of camp. Trips must meet the minimum thirty days before the trip.



OUT OF TOWN BEGINS

May 13 at 8 a.m.

VIENNA COMMUNITY LEARNING AND DISPLAY GARDEN

The Vienna Community Learning and Display Garden located behind the Vienna Community Center. The garden features food, flowers and herbs and provides learning and volunteer opportunities throughout the year. Also visit the Take-a-book, Leave-a-book kiosk. Guided tours are available, contact **Vienna Parks and Recreation** at **703-255-6360**.

PICNIC SHELTERS INFORMATION AND RESERVATIONS

Park picnic shelters are a great place to hold a birthday party, corporate event, large family gathering, school picnic or any other special occasion. Come enjoy one of our three picnic shelters at Glyndon Park, Meadow Lane Park, and Southside Park. The picnic shelter rental season is from April through October. Reservations are accepted on a first come, first served basis. To view a picnic shelter calendar or make a reservation, please visit viennava.gov/rentals. Paper applications are available by calling the Town of Vienna Parks and Recreation Department **703-255-6360**. Reservations for picnic pavilions are in 2 blocks of 4 hours, 8 a.m. – 2 p.m. and 2 – 8 p.m.

RENTAL FEES:

Town Residents and Groups ▶ \$50 for 4-hour max

Non-Town Residents and Groups ▶ \$100 for 4-hour max

Bathroom/Water Key ▶ \$50 Deposit
(Must pick up key in-person one week prior to the rental)

Electricity: \$25 | **Water:** \$25

HISTORIC VIENNA

HISTORIC VIENNA INC.

HVI is a non-profit corporation established by the Town of Vienna to preserve and promote Vienna's history through a knowledge of the past. New members and volunteers are always welcome. Throughout the year, we offer a variety of special events for the enjoyment of visitors, families and children.

For more information visit historicviennainc.org or call **703-938-5187**.



FREEMAN STORE AND MUSEUM

Located at 131 Church Street NE, behind the Town Green, the Freeman Store and Museum is jointly owned and operated by the Town of Vienna and Historic Vienna, Inc. Built in 1859, The Freeman Store is a museum, a gift shop and has a used book cellar. It remains the jewel of Vienna today.

More information can be found at historicviennainc.org or call **703-938-5187** with any questions.



LITTLE LIBRARY

The Little Library is a museum located on the Freeman Store grounds. Although the Little Library no longer operates as a lending library, guests will enjoy visiting and learning the history of the first library in Fairfax County. If you are interested in being a volunteer and welcoming visitors on the days the building is open, please call **703-938-5187**.

GENERAL INFORMATION

REGISTRATION DATES AND TIMES

In Town (*walk-in, mail-in, WebTrac, fax*) begins

May 6 at 8 a.m.

Out of Town (*walk-in, mail-in, WebTrac, fax*) begins

May 13 at 8 a.m.

Registrations are accepted at the Community Center front desk.

REGISTRATION FORM

Please use a separate registration form for each distinct household. Example: do not sign up your neighbor or family member residing at a different address on your form. Please include complete address, phone number(s), birthdate and email information. Include activity number, section and name of each registrant.

WEBTRAC ONLINE REGISTRATION

Visit viennava.gov/WebTrac for instructions on how to access WebTrac or create an account. If you have questions about your username or password, call the Community Center at **703-255-6360**.

FEES

Full payment must be included with your registration form. Sending the incorrect fee will delay your registration.

- **Forms of payment** are **CREDIT CARD** (American Express, Discover, Master Card or Visa), **CHECK** (made payable to the *Town of Vienna*) or **CASH** (exact change only).
- **R** indicates individuals that reside within the corporate limits of Vienna.
- **NR** indicates individuals that reside outside the corporate limits of the Town of Vienna.

AGE REQUIREMENT

Participants must meet the age requirements by the first day of the program.

CLASS CANCELLATIONS

We reserve the right to cancel a class due to insufficient enrollment. All classes require a minimum number of participants. Classes are normally cancelled within one week before each session begins. A full refund will be given.

CLASS, PROGRAM, TRIP AND EVENT REFUNDS

All requests for refunds must be submitted in writing.

Refunds – To obtain a full refund, a request must be submitted 14 calendar days prior to the start of the program. A refund requested less than 14 calendar days prior to the start of the program will incur a 50% penalty (\$50 max) per program.

No refunds will be given after the first class without documentation from a licensed medical professional. No refunds will be given for a materials fee or Pottery Lab. All requests for refunds must be submitted in writing.

Trips – No refunds will be issued within two weeks of the trip.

Event/theater tickets – ticket sales are non-refundable. No ticket transfers.

PRORATED CLASSES

We will prorate classes for students registering late for a class; however, we cannot prorate the class fee for students who will miss classes in the middle of the session.

CAMP CANCELLATIONS

We reserve the right to cancel a camp due to insufficient enrollment. All camps require a minimum number of participants. Camps are cancelled two weeks before each session begins.

CAMP REFUNDS AND TRANSFERS

There will be no full refunds given once you sign up for camp. Camp fees must be paid in full at the time of registration. To receive a partial refund, you must submit a request 14 days prior to the start of camp. All refunds are subject to a 50% penalty (\$100 max) per camp. Patrons also have the option to transfer to another camp 14 days before the beginning of camp. Any changes regarding registration must be presented in writing. Camps are canceled if they do not meet the threshold for minimum registration, two weeks prior to the start date of camp. If the Parks and Recreation Department cancels a camp, patrons will receive a full refund.

CONFIRMATION POLICY

Please note the date and time of your class. If registering by WebTrac, a confirmation can be printed at the end of your transaction. For in person, drop off, mail-in and faxes, a confirmation is emailed to you within one week. We may also need to notify you if your class is cancelled or changed, therefore we must have a **current daytime telephone number and e-mail address**.

INCLEMENT WEATHER POLICY

Weather related class or camp cancellations

Full Closure

- When the Town of Vienna is closed for the day, all classes are cancelled.

Modified Operating Schedule

- For classes scheduled to begin before 1 p.m., operating status will be announced by 5 a.m.
- For classes scheduled to begin after 1 p.m., operating status will be announced by 12 p.m. (noon).

For the most up-to-date information, please check the Town website at viennava.gov, visit the Town social media @TownofViennaVa or call **703-255-7842** for specific details on delays, early dismissals, and closings.

Outdoor Programs Held in Spring, Summer and Fall Seasons

Decision on outdoor programs/classes will be made one hour prior to the start of class. Late cancellations may occur due to unpredictable weather conditions. Programs and classes will be rescheduled when possible. For those programs and classes that cannot be

GENERAL INFORMATION

rescheduled, a credit will be given for the class. Please call the weather line, **703-255-7842** for updated information.

TEXT ALERTS

The Vienna Parks and Recreation Department will now offer SMS Text Messaging for our WebTrac users. We ask that users **opt in to the program** to ensure they receive messages about inclement weather closures, camp, program and special event cancellations. You will only receive immediate emergency messages from our department. We will continue to post other communications through our email systems, on the Town of Vienna's website and through the Town's social media pages @TownofViennaVa. You must opt in through your WebTrac account. Please call **703-255-6360** for details on how to opt into the program. The Community Center front desk staff cannot opt in for you.

FAIRFAX COUNTY TEACHER WORKDAYS

Scheduled classes will meet when Fairfax County Public Schools are closed for teacher workdays.

GENERAL POLICY/BEHAVIOR POLICY

- Please arrive on time for classes. We do not delay the start of class for tardiness.
- To ensure the safety of your child, please accompany your children to and from the classroom.
- Pick up your children promptly at the end of class. Before and after class supervision is not available. If parents are continually late to pick up their child, the Parks and Recreation Department reserves the right to charge an additional fee of \$10 per child per instance of late pickup.
- We attempt to reschedule all classes we cancel; however, we cannot reschedule classes for students who miss classes.
- If students cannot be a cooperating member of class or are a constant distraction during the class or camp, they will be asked to withdraw. A refund will be issued for the remaining classes. No refunds will be issued for supply fees or Pottery Lab.

ODD JOB LIST

Do you need help with shoveling snow or maybe to check off a few "to do" items from your list? Call the Vienna Parks and Recreation Department for our Youth Odd Job List. Vienna youth sign up to be on the list as a way to earn extra cash while helping their neighbors. The Town of Vienna is not responsible for setting wage expectations. **Please call the Community Center front desk for more information, 703-255-6360.**

FACILITY RENTALS

LOOKING FOR A PREMIER LOCATION FOR YOUR EVENT?

Look no further. The Vienna Community Center can host events for any occasion from intimate meetings to large scale events. To discuss your event needs or to book a room, please contact **Nick Jones** at njones@viennava.gov, **703 255-5726**. You can also find more information and rental guidelines on our website at viennava.gov/rentals.

ABOUT OUR PARKS

BRANCH ROAD TOT LOT is located at the intersection of Locust Street and Branch Road, SE. This park has playground equipment for children ages 2-5. No restroom facilities at this park.

GLYNDON PARK is located on the north side of Maple Avenue on Glyndon Street. It has lit tennis/pickleball courts, a basketball court, ballfield, picnic areas with pavilions, playground equipment, and restrooms. The park pavilion may be reserved for picnics online. See reservation fees.

MEADOW LANE PARK is located on the corner of Meadow Lane, Ware Street and Courthouse Road. This park has lit tennis/pickleball courts, a basketball court, ball fields, playground equipment, restrooms and pavilions. The park pavilion may be reserved for picnics online. See reservation fees.

MOOREFIELD PARK is located at 700 Courthouse Road adjacent to Nottoway Park. There is on-site parking with walking trails connecting to Nottoway Park. No restroom facilities at this park.

NORTHSIDE PARK-MAUD ROBINSON WILDLIFE PRESERVE is located at the end of Glyndon Street on the north side of Maple Avenue. The park is a slice of undisturbed woodland with winding trails. A hiker and biker connector boardwalk is open. No restroom facilities at this park. Visit Vienna's own LOVE sign, The Vienna Public Art Commission's project, designed and donated by a local family.

PETERSON LANE PARK is located on Malcolm Road NW and is jointly operated and owned by the Town of Vienna and Fairfax County Park Authority. This park has playground equipment, a basketball court, GaGa pit, open fields and walkways. No restroom facilities at this park.

SARAH WALKER MERCER PARK is located at the corner of Nutley Street and Knoll Street NW. This is a neighborhood park with walking paths, seating areas and an abundance of plant material. No restroom facilities at this park.

SOUTHSIDE PARK is located on Ross Drive and is the site of two softball fields. Playground equipment and a basketball court are also available at this park. The park pavilion may be reserved for picnics online.

VIENNA DOG PARK is located at 700 Courthouse Road. This off-leash dog park is situated in Moorefield Park. The fenced area is shaded with on-site water. Owners and dogs must follow posted rules and regulations. Dogs must be licensed by the Town of Vienna or Fairfax County. The park is open dawn to dusk. Please follow all rules and pick up after your dogs. No restroom facilities at this park.

VIENNA TOWN GREEN located at 144 Maple Avenue E. The park is in the Town center and is home to the Summer on the Green concert series. The Town Green includes a plaza, lawn area, amphitheater, seating and picnic areas, restrooms and parking. The park has Wifi on site.

WILDWOOD AND STREAM VALLEY PARKS are linear stream buffer parks with a combination of asphalt, woodchip and nature trails. No restroom facilities at this park.

SALSBURY SPRING is located at Lawyers and Windover Roads NW. Salsbury Spring is less park and more a quiet place of reflection. Named for Captain H.L. Salsbury, the land donor for both West End and Sons and Daughters cemeteries. It is quiet, shaded and unpretentious. No restroom facilities at the park.

PRESCHOOL & YOUTH CLASSES



GYMNASTICS AGES 5-13

Instructor: Shannon Lake

Children will receive instruction on the uneven bars, balance beam, vault and floor. Class also includes flexibility and strength building moves. Classes are for all ability levels: beginner through advanced. Children progress through the program based on individual ability levels. Gymnasts are grouped primarily by ability level and age. Join us for one, two or three days a week! *No Class: 6/19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|------|--------------|
| 104063-A1 | 6/18-6/25 | 2 | T | 4:05-5pm | 5-13 | \$20/\$25 |
| 104063-B1 | 6/18-6/25 | 2 | T | 5-6pm | 5-13 | \$20/\$25 |
| 104063-C1 | 6/18-6/25 | 2 | T | 6:05-7pm | 5-13 | \$20/\$25 |
| 104063-D1 | 6/26 | 1 | W | 4:05-5pm | 5-13 | \$10/\$12.50 |
| 104063-E1 | 6/26 | 1 | W | 5:05-6pm | 5-13 | \$10/\$12.50 |
| 104063-F1 | 6/26 | 1 | W | 6:05-7pm | 5-13 | \$10/\$12.50 |
| 104063-G1 | 6/20-6/27 | 2 | Th | 4:05-5pm | 5-13 | \$20/\$25 |
| 104063-H1 | 6/20-6/27 | 2 | Th | 5:05-6pm | 5-13 | \$20/\$25 |
| 104063-I1 | 6/20-6/27 | 2 | Th | 6:05-7pm | 5-13 | \$20/\$25 |
| 104063-J1 | 7/9-7/23 | 3 | T | 4:05-5pm | 5-13 | \$30/\$37.50 |
| 104063-K1 | 7/9-7/23 | 3 | T | 5:05-6pm | 5-13 | \$30/\$37.50 |
| 104063-L1 | 7/9-7/23 | 3 | T | 6:05-7pm | 5-13 | \$30/\$37.50 |
| 104063-M1 | 7/10-7/24 | 3 | W | 4:05-5pm | 5-13 | \$30/\$37.50 |
| 104063-N1 | 7/10-7/24 | 3 | W | 5:05-6pm | 5-13 | \$30/\$37.50 |
| 104063-O1 | 7/10-7/24 | 3 | W | 6:05-7pm | 5-13 | \$30/\$37.50 |
| 104063-P1 | 7/11-7/25 | 3 | Th | 4:05-5pm | 5-13 | \$30/\$37.50 |
| 104063-Q1 | 7/11-7/25 | 3 | Th | 5:05-6pm | 5-13 | \$30/\$37.50 |
| 104063-R1 | 7/11-7/25 | 3 | Th | 6:05-7pm | 5-13 | \$30/\$37.50 |
| 104063-S1 | 7/30-8/13 | 3 | T | 4:05-5pm | 5-13 | \$30/\$37.50 |
| 104063-T1 | 7/30-8/13 | 3 | T | 5:05-6pm | 5-13 | \$30/\$37.50 |
| 104063-U1 | 7/30-8/13 | 3 | T | 6:05-7pm | 5-13 | \$30/\$37.50 |
| 104063-V1 | 7/31-8/14 | 3 | W | 4:05-5pm | 5-13 | \$30/\$37.50 |
| 104063-W1 | 7/31-8/14 | 3 | W | 5:05-6pm | 5-13 | \$30/\$37.50 |
| 104063-X1 | 7/31-8/14 | 3 | W | 6:05-7pm | 5-13 | \$30/\$37.50 |
| 104063-Y1 | 8/1-8/15 | 3 | Th | 4:05-5pm | 5-13 | \$30/\$37.50 |
| 104063-Z1 | 8/1-8/15 | 3 | Th | 5:05-6pm | 5-13 | \$30/\$37.50 |
| 104063-ZZ | 8/1-8/15 | 3 | Th | 6:05-7pm | 5-13 | \$30/\$37.50 |

ADVANCED GYMNASTICS

Instructor: Shannon Lake

This class has a student/teacher ratio of 4 to 1 and is for the year round student. Students will improve on and add to skills already learned as well as work on routines, dance, flexibility and strength. An instructor will approach a parent when a child is ready for this class. Registration will not be accepted with out a written letter from the instructor. Participants need to be registered for a minimum of two classes per week in addition to the advanced class. *No Class: 6/19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|------|-----------|
| 114063-A1 | 6/18-6/25 | 2 | T | 7:05-8pm | 5-13 | \$40/\$50 |
| 114063-B1 | 6/26 | 1 | W | 7:05-8pm | 5-13 | \$20/\$25 |
| 114063-C1 | 6/20-6/27 | 2 | Th | 7:05-8pm | 5-13 | \$40/\$50 |
| 114063-D1 | 7/9-7/23 | 3 | T | 7:05-8pm | 5-13 | \$60/\$75 |
| 114063-E1 | 7/10-7/24 | 3 | W | 7:05-8pm | 5-13 | \$60/\$75 |
| 114063-F1 | 7/11-7/25 | 3 | Th | 7:05-8pm | 5-13 | \$60/\$75 |
| 114063-G1 | 7/30-8/13 | 3 | T | 7:05-8pm | 5-13 | \$60/\$75 |
| 114063-H1 | 7/31-8/14 | 3 | W | 7:05-8pm | 5-13 | \$60/\$75 |
| 114063-I1 | 8/1-8/15 | 3 | Th | 7:05-8pm | 5-13 | \$60/\$75 |

JUNETEENTH GYMNASTICS CLINICS

These clinics will focus on a particular set of tumbling skills. Register for one or as many as you like. There is no childcare in between clinic times.

THIS IS HOW WE ROLL

Instructor: Shannon Lake

Rolls are the foundation of gymnastics. This clinic focuses on all types of rolls: log, egg, forward, straddle forward, backwards, etc.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|----------|-----|-----------------|
| 114060-A1 | 6/19 | 1 | W | 9-9:45am | 3-5 | \$16.50/\$20.50 |

PRESCHOOL CARTWHEEL CLINIC

Instructor: Shannon Lake

This clinic focuses on the basics of a cartwheel.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|------------|-----|-----------------|
| 114061-A1 | 6/19 | 1 | W | 10-10:45am | 3-5 | \$16.50/\$20.50 |

CARTWHEEL CLINIC

Instructor: Shannon Lake

This clinic focuses on cartwheels, including progressing into one handed, knee and pop cartwheels.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|------------|------|-----------|
| 114062-A1 | 6/19 | 1 | W | 11-11:55am | 5-13 | \$20/\$25 |

HANDSTAND CLINIC

Instructor: Shannon Lake

Strong handstands are an important skill on every piece of gymnastics apparatus. In this clinic, gymnasts will work on stronger handstands including body positioning and strengthening drills.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|----------|------|-----------|
| 114064-A1 | 6/19 | 1 | W | 1-1:55pm | 5-13 | \$20/\$25 |

BACKBENDS AND WALKOVER CLINIC

Instructor: Shannon Lake

Gymnasts will work on backbends, limbers, and walkovers. Prerequisite for this clinic is the ability to do a strong cartwheel, handstand and bridge.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|----------|------|-----------|
| 114065-A1 | 6/19 | 1 | W | 2-2:55pm | 5-13 | \$20/\$25 |

TENNIS 1 & 2

Instructor: First Serve Tennis

Players learn and review the fundamental strokes with emphasis on developing rallying skills. Player-Coach ratio is 6:1. *No Class: 7/1, 7/2*

Location: Meadow Lane Tennis Courts.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|----------------|
| 114040-A1 | 6/24-8/12 | 7 | M | 5-5:50pm | 6-8 | \$182/\$227.50 |
| 114040-B1 | 6/24-8/12 | 7 | M | 6-6:50pm | 8-10 | \$182/\$227.50 |
| 114040-C1 | 6/24-8/12 | 7 | M | 7-7:50pm | 10-14 | \$182/\$227.50 |
| 114040-D1 | 6/25-8/13 | 7 | T | 5-5:50pm | 6-8 | \$182/\$227.50 |
| 114040-E1 | 6/25-8/13 | 7 | T | 6-6:50pm | 8-10 | \$182/\$227.50 |



2024 SUMMER CAMPS CODING & ROBOTICS

CODING and ROBOTICS

CODING WITH FUN & ROBO-FUN CAMP

Instructor: Stemtree

This camp uses robots to inspire campers to learn engineering, apply their basic science, model construction, computer programming, and problem solving skills and knowledge to explore STEM concepts. This program utilizes instructional time, assessments, and hands on activities to reinforce key concepts and improve problem solving skills while having fun. Coding With Fun teaches students the concepts of computer programming in a fun and interactive way while developing their basic reasoning and problem-solving skills. We teach students how to create and develop computer programs (games, stories, etc.) instead of playing them. They will combine multimedia elements to create and share their own interactive stories, animations, games, music, and art.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 105570-A1 | 6/24-6/28 | 5 | M-F | 9am-3pm | 6-12 | \$300/\$350 |

BUILD YOUR OWN CIRCUIT & CODE WITH FUN CAMP

Instructor: Stemtree

This Stemtree camp offers two main programs: Stemtree's Build Your Own Circuit brings together a wide range of concepts, from electricity to electronics. Children are fascinated by lights and sounds, but little do they know about the circuits and electronics behind them. We make learning easy for children with practical hands-on activities and experiments. Not only are these activities fun, safe, and easy, they will introduce children to the engineering field and inspire them to become tomorrow's problem solvers. Stemtree's Coding Program teaches students computer programming concepts in a fun and interactive way while developing their basic reasoning and problem-solving skills. We teach students how to create and develop computer programs (games, stories, etc.) instead of playing them.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 105572-A1 | 8/12-8/16 | 5 | M-F | 9am-3pm | 6-12 | \$300/\$350 |

EXPLORE SCIENCE AND ROBO FUN CAMP

Instructor: Stemtree

This Stemtree camp offers two main programs: Robo-Fun and Science Fun. Robo-Fun uses robots to inspire campers to learn engineering and apply their basic science, model construction, computer programming, and problem-solving skills and knowledge to explore STEM concepts.

Stemtree science program keeps students engaged by learning the fundamental concepts behind scientific theories and apply them through hands-on and fun activities. Each student will take an initial assessment on the first day of the program to gauge their level and create a customized learning program. They work through individualized lessons with the one-on-one guidance of an instructor and conduct hands-on activities. Our goal is to make science fun for your child!

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 105574-A1 | 7/22-7/26 | 5 | M-F | 9am-3pm | 6-12 | \$300/\$350 |

CODING AND GAME DESIGN WITH SCRATCH

Instructor: CyberTeck Academy

Introduce your child to the wonderful world of programming! Our younger campers will learn basic programming concepts using a simple drag and drop interface within the software Scratch 3. Using their imaginations and creative thinking while learning how to create and program simple 2D games. Older campers will explore more advanced coding concepts within Scratch 3. Whether your child has no experience, or has already taken a Scratch coding class before, this class is a great continuation of their coding skills.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|-------------|
| 115555-A1 | 6/24-6/28 | 5 | M-F | 9am-12pm | 6-9 | \$270/\$320 |
| 115555-B1 | 6/24-6/28 | 5 | M-F | 1-4pm | 10-14 | \$270/\$320 |

ROBOTICS AND VISUAL CODING WITH LEGO®

Instructor: CyberTeck Academy

The Lego robotics camp combines the exciting world of LEGO® with programming to manipulate and program your own personal robots. Our younger campers will use LEGO® education Wedo base set and will create commands for their robots using drag and drop interfaces. Older campers will use LEGO® Mindstorms to do even more advanced programming to create moving and even potentially thinking robots. Both camps will use teamwork by working together with a partner to accomplish the build assignment for the day.

No Camp: July 4

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|---------|--------------|---------|----------|-------|-------------|
| 115556-A1 | 7/1-7/5 | 4 | M-W & F | 9am-12pm | 6-9 | \$216/\$266 |
| 115556-B1 | 7/1-7/5 | 4 | M-W & F | 1-4pm | 10-14 | \$216/\$266 |

LEARN TO CODE, A BEGINNER'S GUIDE

Instructor: Andy Livingston

Learn how to start writing Python code, which is used in AI and JavaScript code. Learn game development skills with Microsoft Kodu, and Xbox like development platform Experiment with Processing, a flexible coding software to help build critical thinking skills. Also covering computer maintenance, basic computer hardware, the internet, operating systems, and VR with Oculus. A laptop is required for enrollment.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|-------------|
| 115972-A1 | 7/15-7/19 | 5 | M-F | 9am-12pm | 10-16 | \$365/\$415 |
| 115972-B1 | 8/12-8/16 | 5 | M-F | 9am-12pm | 10-16 | \$365/\$415 |





GYMNASTICS



GYMNASTICS CAMP AGES 5-13

Instructor: Shannon Lake

All levels of gymnasts are welcome. Please send in a light snack and a water bottle. Be aware of possible food allergies when packing a snack. *No camp: June 19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|----------|------|---------------|
| 104062-A1 | 6/18-6/20 | 2 | T,Th | 1-4pm | 5-13 | \$60/\$75 |
| 104062-B1 | 6/25-6/27 | 3 | T-Th | 9am-12pm | 5-13 | \$90/\$112.50 |
| 104062-C1 | 7/9-7/11 | 3 | T-Th | 1-4pm | 5-13 | \$90/\$112.50 |
| 104062-D1 | 7/16-7/18 | 3 | T-Th | 9am-12pm | 5-13 | \$90/\$112.50 |
| 104062-E1 | 7/23-7/25 | 3 | T-Th | 1-4pm | 5-13 | \$90/\$112.50 |
| 104062-F1 | 7/30-8/1 | 3 | T-Th | 9am-12pm | 5-13 | \$90/\$112.50 |
| 104062-G1 | 8/13-8/15 | 3 | T-Th | 1-4pm | 5-13 | \$90/\$112.50 |

GYMNASTICS CAMP AGES 3-5

Instructor: Shannon Lake

All levels of gymnasts are welcome. Please send in a light snack and a water bottle. Be aware of possible food allergies when packing a snack. *No camp: June 19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|----------|-----|---------------|
| 104064-A1 | 6/18-6/20 | 2 | T,Th | 9am-12pm | 3-5 | \$60/\$75 |
| 104064-B1 | 6/25-6/27 | 3 | T-Th | 1-4pm | 3-5 | \$90/\$112.50 |
| 104064-C1 | 7/9-7/11 | 3 | T-Th | 9am-12pm | 3-5 | \$90/\$112.50 |
| 104064-D1 | 7/16-7/18 | 3 | T-Th | 1-4pm | 3-5 | \$90/\$112.50 |
| 104064-E1 | 7/23-7/25 | 3 | T-Th | 9am-12pm | 3-5 | \$90/\$112.50 |
| 104064-F1 | 7/30-8/1 | 3 | T-Th | 1-4pm | 3-5 | \$90/\$112.50 |
| 104064-G1 | 8/13-8/15 | 3 | T-Th | 9am-12pm | 3-5 | \$90/\$112.50 |

GYMNASTICS COMPETITION CAMP

Instructor: Shannon Lake

Spend Tuesday, Wednesday and Thursday learning new routines on the floor, balance beam, bars and vault. On Friday, we will have a friendly in-house competition.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|---------|--------------|-----------|---------------------|------|----------------|
| 104065-A1 | 8/6-8/9 | 4 | T-Th F | 9am-4pm 9am-12pm | 5-13 | \$220/\$262.50 |

ALL KIDS SPORTS AND GAMES CAMP

Instructor: Helen Petrakes

Get moving with All Kids Sports and Games mini-camps this summer. Campers will enjoy sports, games, skill development and special events (scavenger hunts, nature hikes, and water activities) and arts & crafts offered each day. Campers should wear athletic shoes, sunscreen and bug spray. Bring water bottles and a snack each day. *No camp: June 19*

Location: Caffi Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|--------|-------------|-------|----------------|
| 105691-A1 | 5/29-5/31 | 3 | W-F | 9:15am-12pm | 3.5-6 | \$162/\$202.50 |
| 105691-B1 | 6/4-6/7 | 4 | T-F | 9:15am-12pm | 3.5-6 | \$216/\$270 |
| 105691-C1 | 6/11-6/14 | 4 | T-F | 9:15am-12pm | 3.5-6 | \$216/\$270 |
| 105691-D1 | 6/17-6/20 | 3 | M,T,Th | 9:15am-12pm | 3.5-6 | \$162/\$202.50 |
| 105691-E1 | 7/30-8/2 | 4 | T-F | 9:15am-12pm | 3.5-6 | \$216/\$270 |
| 105691-F1 | 8/6-8/9 | 4 | T-F | 9:15am-12pm | 3.5-6 | \$216/\$270 |

SUPER-DOODLE CAMP

Instructor: Abrakadoodle

Blast off with this super fun camp! Create super-sized drawings and masks, imagine super heroes and your own super powers, make a paint super-mess and produce spectacular sculptures and paintings. Create nonstop super FUN art projects in this super-duper camp!

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 107251-A1 | 7/15-7/19 | 5 | M-F | 9am-3pm | 6-12 | \$310/\$360 |

PETS AND PUPPIES

Instructor: Abrakadoodle

Hop, pounce, or bark your way into these unique, vibrant, creations of Pets and Puppies! Our developing artists will explore exceptional projects inspired by innovative artists and pets. These colorful pets will soar into your hearts and homes as you have a PET-tastic time experimenting with painting, collage, sculptural art and more!



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|---------|--------------|-----|---------|------|-------------|
| 107252-A1 | 8/5-8/9 | 5 | M-F | 9am-3pm | 6-12 | \$310/\$360 |

WARRIOR KIDS YOGA CAMP

Instructor: Warrior Kids Yoga

Our afternoons will be filled with mindfulness, Social Emotional Learning (SEL) games and group activities designed for the new and experienced yogi. Our camp will help little yogis increase flexibility and strength, develop coordination, cope with stress, cultivate confidence and their inner strength both on and off the mat. Children should bring their own mat, lunch, water, sunscreen and a nut-free snack. *No camp: June 19*

Location: Meadow Lane Park Basketball Court

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|--------|------|-------------|
| 115050-A1 | 6/17-6/21 | 4 | M,T,Th,F | 12-4pm | 5-13 | \$252/\$302 |
| 115050-B1 | 7/15-7/19 | 5 | M-F | 12-4pm | 5-13 | \$315/\$365 |
| 115050-C1 | 8/5-8/9 | 5 | M-F | 12-4pm | 5-13 | \$315/\$365 |

2024 SUMMER CAMPS ASSORTED ACTIVITIES

ADRENALINE CHEER AND TUMBLING CAMP

Instructor: Adrenaline Dance Force

Our Summer cheer camp is designed to teach basics to advanced concepts of cheer. We will work on motion and jump techniques, tumbling basics, strength, cheer dances, showmanship, performance techniques and more. Whether you are new to cheer or interested in preparing for school tryouts, we will help you become your best. A special game day performance will be held on the last day for family and friends to attend.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 115111-A1 | 8/12-8/16 | 5 | M-F | 9am-3pm | 8-11 | \$310/\$360 |

CRAFTY TREND SETTERS AT WORK

Instructor: Inspired By Love

Calling all young entrepreneurs! Do you have a skill or need to learn one you can market? Join us for a camp of creativity where you will learn how to develop ideas about different products, determine cost analysis, and create crafts. Students will have the opportunity to design their own booth to market your creations at a craft show. Parents are invited to attend the vendor show held on the last day of camp to see their child's creations and 'shop' with them.

No Camp: 6/19, 7/4

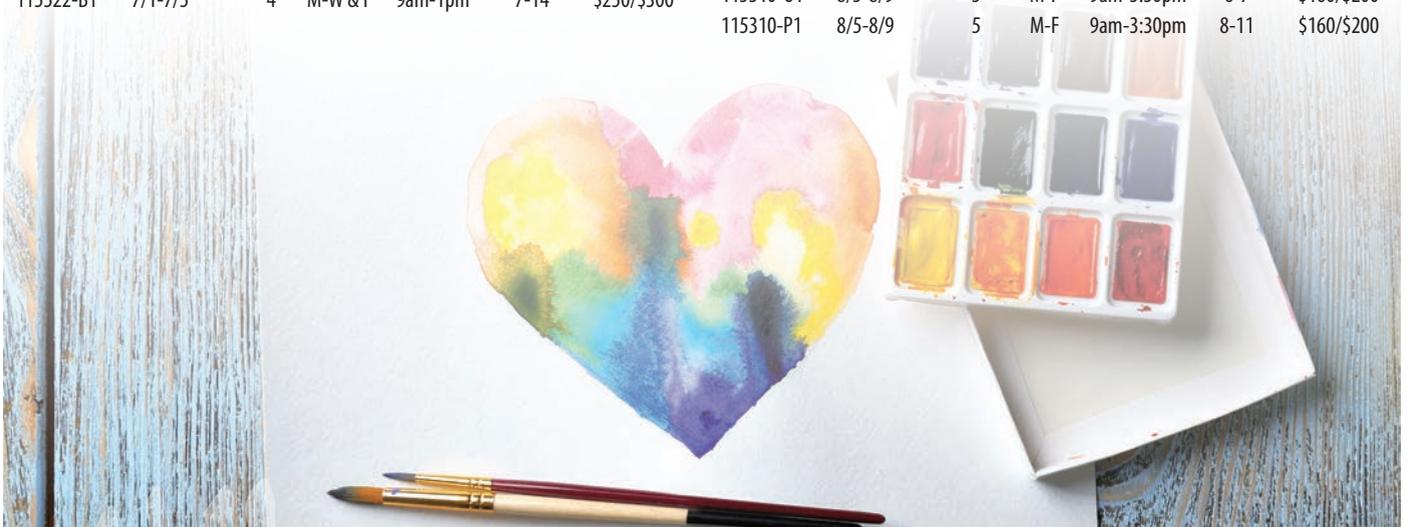
| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|---------|------|-------------|
| 115522-A1 | 6/17-6/21 | 4 | M,T,Th,F | 9am-1pm | 7-14 | \$250/\$300 |
| 115522-B1 | 7/1-7/5 | 4 | M-W & F | 9am-1pm | 7-14 | \$250/\$300 |

PLAYGROUND CAMP

Instructor: Vienna Camp Staff

Join us for the amazing Town of Vienna Playground Camp! There will be a variety of activities for youngsters to fill the long summer days. Activities include arts and crafts, games and special events. Parents wanting to enroll their children in the program must register by 4 p.m. the Friday before the session begins, if space is available. No registration will be taken on the Monday of the program. Camp available to rising 1st graders to 11 years old! *No camp: June 19, July 4, July 5*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|------------|------|-------------|
| 115310-A1 | 6/17-6/21 | 4 | M,T,Th,F | 9am-3:30pm | 6-7 | \$128/\$160 |
| 115310-B1 | 6/17-6/21 | 4 | M,T,Th,F | 9am-3:30pm | 8-11 | \$128/\$160 |
| 115310-C1 | 6/24-6/28 | 5 | M-F | 9am-3:30pm | 6-7 | \$160/\$200 |
| 115310-D1 | 6/24-6/28 | 5 | M-F | 9am-3:30pm | 8-11 | \$160/\$200 |
| 115310-E1 | 7/1-7/3 | 3 | M-W | 9am-3:30pm | 6-7 | \$96/\$120 |
| 115310-F1 | 7/1-7/3 | 3 | M-W | 9am-3:30pm | 8-11 | \$96/\$120 |
| 115310-G1 | 7/8-7/12 | 5 | M-F | 9am-3:30pm | 6-7 | \$160/\$200 |
| 115310-H1 | 7/8-7/12 | 5 | M-F | 9am-3:30pm | 8-11 | \$160/\$200 |
| 115310-I1 | 7/15-7/19 | 5 | M-F | 9am-3:30pm | 6-7 | \$160/\$200 |
| 115310-J1 | 7/15-7/19 | 5 | M-F | 9am-3:30pm | 8-11 | \$160/\$200 |
| 115310-K1 | 7/22-7/26 | 5 | M-F | 9am-3:30pm | 6-7 | \$160/\$200 |
| 115310-L1 | 7/22-7/26 | 5 | M-F | 9am-3:30pm | 8-11 | \$160/\$200 |
| 115310-M1 | 7/29-8/2 | 5 | M-F | 9am-3:30pm | 6-7 | \$160/\$200 |
| 115310-N1 | 7/29-8/2 | 5 | M-F | 9am-3:30pm | 8-11 | \$160/\$200 |
| 115310-O1 | 8/5-8/9 | 5 | M-F | 9am-3:30pm | 6-7 | \$160/\$200 |
| 115310-P1 | 8/5-8/9 | 5 | M-F | 9am-3:30pm | 8-11 | \$160/\$200 |



COUNSELOR IN TRAINING (CIT)

The counselor in training program is a great summer opportunity for teens interested in a future working with children. The program teaches teens how to prepare, organize, and participate in events with school-aged children. CITs work closely with, and learn from, the Town's Playground Camp counselors.

Teens interested in joining the program for the first time, or returning CITs who've participated in previous camps, must complete the appropriate CIT application which is available online at viennava.gov/camps

Please contact Derrick Cowles for more information at Derrick.Cowles@viennava.gov.

2024 SUMMER CAMPS BEFORE & AFTER CARE



BEFORE and AFTER CARE

CAMP BEFORE CARE

Instructor: Vienna Camp Staff

A Before Care program is available for campers enrolled in Summer Playground Camp. The children can begin their day with our staff at 7:30 a.m. and runs until 9:00 a.m. when we begin our day camps. The program is supervised by our Summer Camp staff. Children will have games and other arts and crafts available to them. Parents wanting to enroll their children in the program must register by 4 p.m. the Friday before the session begins, if space is available. There will be no registration taken on the first day of the program. *No camp: June 19, July 4, July 5*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|----------|------|--------------|
| 115313-A1 | 6/17-6/21 | 4 | M,T,Th,F | 7:30-9am | 5-11 | \$24/\$30 |
| 115313-B1 | 6/24-6/28 | 5 | M-F | 7:30-9am | 5-11 | \$30/\$37.50 |
| 115313-C1 | 7/1-7/3 | 3 | M-W | 7:30-9am | 5-11 | \$18/\$22.50 |
| 115313-D1 | 7/8-7/12 | 5 | M-F | 7:30-9am | 5-11 | \$30/\$37.50 |
| 115313-E1 | 7/15-7/19 | 5 | M-F | 7:30-9am | 5-11 | \$30/\$37.50 |
| 115313-F1 | 7/22-7/26 | 5 | M-F | 7:30-9am | 5-11 | \$30/\$37.50 |
| 115313-G1 | 7/29-8/2 | 5 | M-F | 7:30-9am | 5-11 | \$30/\$37.50 |
| 115313-H1 | 8/5-8/9 | 5 | M-F | 7:30-9am | 5-11 | \$30/\$37.50 |

BEFORE CARE IS AVAILABLE FOR THE FOLLOWING CAMPS

| Camp | Before Care Section 115313 |
|--|----------------------------|
| PLAYGROUND CAMP | All Weeks |
| GYMNASTICS CAMP AGES 5-13 | B1, E1, G1 |
| GYMNASTICS COMPETITION CAMP | H1 |
| CODING WITH FUN & ROBO-FUN CAMP | B1 |
| EXPLORE SCIENCE AND ROBO-FUN | F1 |
| SUPER-DOODLE CAMP | E1 |
| PETS AND PUPPIES | H1 |
| MY FIRST LEMONADE STAND | D1,H1 |
| CRAFTY TREND SETTERS AT WORK | A1 |
| CODING AND GAME DESIGN WITH SCRATCH (A1) | B1 |
| LIVE ACTION FLIX | A1 |
| LIVE ACTION & LEGO® FLIX | A1 |
| ANIMATION FLIX | G1 |
| ANIMATION & ACTION STOP MOTION FLIX | G1 |
| SPECIAL EFFECTS MOVIE FLIX | D1 |
| SPECIAL EFFECTS & MINECRAFT VS ROBLOX FLIX | D1 |
| LEARN TO CODE, A BEGINNER'S GUIDE (A1) | E1 |
| KIDS KITCHEN: FOOD, FITNESS, FUN! | G1 |
| RWE BASKETBALL CAMP | D1,E1,H1 |
| NOTHING BUT NET ALL SPORTS CAMP (A1,B1) | B1,F1 |
| i9 SPORTS MULTI-SPORT SUMMER CAMP | D1,E1 |
| CHESS CAMP | F1,G1 |

CAMP AFTER CARE

Instructor: Vienna Camp Staff

The After Care will begin immediately after Summer Playground camp is over and last until 5 p.m. The program is supervised by our Summer Camp staff. Children will have games and other arts and crafts available to them. Parents wanting to enroll their children in the program must register by 4 p.m. the Friday before the session begins, if space is available. *No camp: June 19, July 4, July 5*



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|----------|------|--------------|
| 115314-A1 | 6/17-6/21 | 4 | M,T,Th,F | 3:30-5pm | 5-11 | \$24/\$30 |
| 115314-B1 | 6/24-6/28 | 5 | M-F | 3:30-5pm | 5-11 | \$30/\$37.50 |
| 115314-C1 | 7/1-7/3 | 3 | M-W | 3:30-5pm | 5-11 | \$18/\$22.50 |
| 115314-D1 | 7/8-7/12 | 5 | M-F | 3:30-5pm | 5-11 | \$30/\$37.50 |
| 115314-E1 | 7/15-7/19 | 5 | M-F | 3:30-5pm | 5-11 | \$30/\$37.50 |
| 115314-F1 | 7/22-7/26 | 5 | M-F | 3:30-5pm | 5-11 | \$30/\$37.50 |
| 115314-G1 | 7/29-8/2 | 5 | M-F | 3:30-5pm | 5-11 | \$30/\$37.50 |
| 115314-H1 | 8/5-8/9 | 5 | M-F | 3:30-5pm | 5-11 | \$30/\$37.50 |

AFTER CARE AVAILABLE FOR THE FOLLOWING CAMPS

| Camp | After Care Section 115314 |
|--|---------------------------|
| PLAYGROUND CAMP | All weeks |
| GYMNASTICS CAMP AGES 5-13 | A1,D1,F1 |
| GYMNASTICS COMPETITION CAMP | H1 |
| CODING AND GAME DESIGN WITH SCRATCH (B1) | B1 |
| ACTION STOP MOTION FLIX | G1 |
| LEGO® FLIX | A1 |
| LIVE ACTION & LEGO® FLIX | A1 |
| ANIMATION & ACTION STOP MOTION FLIX | G1 |
| SPECIAL EFFECTS & MINECRAFT VS ROBLOX FLIX | D1 |
| COMPUTER TECH FOR THE CREATIVE TEEN | E1 |
| CHESS CAMP | F1,G1 |





ACTION and ANIMATED FLIX

ACTION STOP MOTION FLIX

Instructor: Incrediflix

Use stop motion tricks to create fires, explosions, and even floods as your characters can battle it out or work together to save the day in this action packed stop motion class. You'll work in small groups to storyboard, create the action, film, and voice over these exciting movies. *\$35 Production fee is included in the price for the camp. Flix emailed within a month after camp ends.



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|-------|------|-------------|
| 115579-A1 | 7/29-8/2 | 5 | M-F | 1-4pm | 7-13 | \$300/\$350 |

LIVE ACTION FLIX

Instructor: Incrediflix

Discover your filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act and more. You won't just make an incredible movie, you'll have the skills to make your own movie with friends. *\$35 production fee is included in the price for the camp. Flix emailed within a month after camp ends. *No Camp: June 19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|----------|------|-------------|
| 115581-A1 | 6/17-6/21 | 4 | M,T,Th,F | 9am-12pm | 7-13 | \$245/\$295 |

SPECIAL EFFECTS MOVIE FLIX

Instructor: Incrediflix

Explosions, tornados, meteors! In these high intensity live action movies the special effects will blow your mind. In groups, you'll get to direct, act, and even choose special effects to incorporate into your movies. Make a movie that will surprise all your friends and family. *\$35 Production fee included in the price of camp. Flix emailed within a month after camp ends.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|----------|------|-------------|
| 115589-A1 | 7/8-7/12 | 5 | M-F | 9am-12pm | 7-13 | \$300/\$350 |

LEGO® FLIX

Instructor: Incrediflix

Bring LEGO® worlds to life! We provide the LEGO® toys. You provide your imagination. Work in groups to create a LEGO® set with LEGO® characters for a stop-motion movie you will storyboard, shoot, and add voice-overs to. *\$35 production fee is included in the price of the camp. Flix emailed within a month after camp ends. *No Camp: June 19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|-------|------|-------------|
| 115582-A1 | 6/17-6/21 | 4 | M,T,Th,F | 1-4pm | 7-13 | \$245/\$295 |

LIVE ACTION & LEGO® FLIX

Instructor: Incrediflix

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snack, lunch, and drink. *\$70 production fee is included in the price of the camp. Flix emailed within a month after camp ends. *No Camp: June 19*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|---------|------|-------------|
| 115583-A1 | 6/17-6/21 | 4 | M,T,Th,F | 9am-4pm | 7-13 | \$475/\$525 |

ANIMATION FLIX

Instructor: Incrediflix

In this fast paced class, you'll create up to four stop motion movies! Animate cars, film with green screen, and new for 2024 you create a 2D Mario movie, and more! *\$35 production fee is included in the price of the camp. Flix emailed within a month after camp ends.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|----------|------|-------------|
| 115586-A1 | 7/29-8/2 | 5 | M-F | 9am-12pm | 7-13 | \$300/\$350 |

ANIMATION & ACTION STOP MOTION FLIX

Instructor: Incrediflix

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snack, lunch, and drink. *\$70 production fee is included in the price of the camp. Flix emailed within a month after camp ends.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|---------|------|-------------|
| 115588-A1 | 7/29-8/2 | 5 | M-F | 9am-4pm | 7-13 | \$575/\$625 |

MINECRAFT VS ROBLOX FLIX

Instructor: Incrediflix

Make a Minecraft movie, a Roblox movie, or make a mashup movie! Work in groups to create a stop-motion movie full of games or challenges for your character to overcome. Students will create their sets out of construction paper, make their Minecraft blocks, film, add some cool effects, and do voice-overs! *\$35 Production fee included in the price of camp. Flix emailed within a month after camp ends.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|-------|------|-------------|
| 115590-A1 | 7/8-7/12 | 5 | M-F | 1-4pm | 7-13 | \$300/\$350 |

SPECIAL EFFECTS & MINECRAFT VS ROBLOX FLIX

Instructor: Incrediflix

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snack, lunch, and drink. *\$70 production fee is included in the price of the camp. Flix emailed within a month after camp ends.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|---------|------|-------------|
| 115591-A1 | 7/8-7/12 | 5 | M-F | 9am-4pm | 7-13 | \$575/\$625 |

2024 SUMMER CAMPS CREATIVE & CHESS



MY FIRST LEMONADE STAND



Instructor: SPARK Business Academy

Let's sell lemonade! Young campers become 'lemonade entrepreneurs' and learn how to make yummy lemonade and earn money selling it. From designing marketing flyers to estimating profits to experimenting with recipes, campers will have fun while developing business savvy.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|---------|------|-------------|
| 115520-A1 | 7/8-7/12 | 5 | M-F | 9am-3pm | 6-12 | \$370/\$420 |
| 115520-B1 | 8/5-8/9 | 5 | M-F | 9am-3pm | 6-12 | \$370/\$420 |

KIDS KITCHEN: FOOD, FITNESS, FUN!

Instructor: Kids Kitchen Inc.

Enjoy cooking your favorite foods and playing sports games. Youth learn kid-friendly messages about healthy eating and exercise that are interactive, and fun. Learn to eat smart and play hard through fitness activities and prepare recipes from all the food groups. Campers enjoy eating the meals they create. A \$35 supply fee due on first day of camp.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|----------|------|-------------|
| 115982-A1 | 7/29-8/2 | 5 | M-F | 9am-12pm | 8-14 | \$180/\$225 |

THINKING OUTSIDE THE BOX

Instructor: Thinking Outside The Box

Do your children think they have all the answers? Thinking Outside the Box is just the right thing for them! This class will give your child the opportunity to learn how to think on their feet and spend time in a wonderfully stimulating and creative environment while learning how to tackle challenging problems. Students participate in brainstorm sessions, learn problem solving and conflict resolution methods and techniques, develop creative and critical thinking, effective communication, team building and leadership skills. This class will focus on fun and unusual hands-on activities and projects in which children use their imagination to build and create all sorts of contraptions, structures, bridges, vehicles, creatures, etc.

Location: Meadow Lane Park Picnic Shelter

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|--------------|------|-------------|
| 115997-A1 | 7/15-7/19 | 5 | M-F | 12:15-3:15pm | 7-12 | \$245/\$295 |
| 115997-B1 | 7/22-7/26 | 5 | M-F | 12:15-3:15pm | 7-12 | \$245/\$295 |
| 115997-C1 | 7/29-8/2 | 5 | M-F | 12:15-3:15pm | 7-12 | \$245/\$295 |
| 115997-D1 | 8/5-8/9 | 5 | M-F | 12:15-3:15pm | 7-12 | \$245/\$295 |
| 115997-E1 | 8/12-8/16 | 5 | M-F | 12:15-3:15pm | 7-12 | \$245/\$295 |

COMPUTER TECH FOR THE CREATIVE TEEN

Instructor: Andy Livingston

Learn and do productive computer projects: produce a podcast, shoot and edit video, create your own flash website, make your own 3D landscape, explore 3D printing, design your own t-shirt, hat, create your own music beats and room design! Great entrepreneurial and creative fun to be had by all! You never know what career this might lead to: movie producer, writer, graphic or web designer, architect or audio or video production; or you could own your own company! A laptop is required for enrollment.

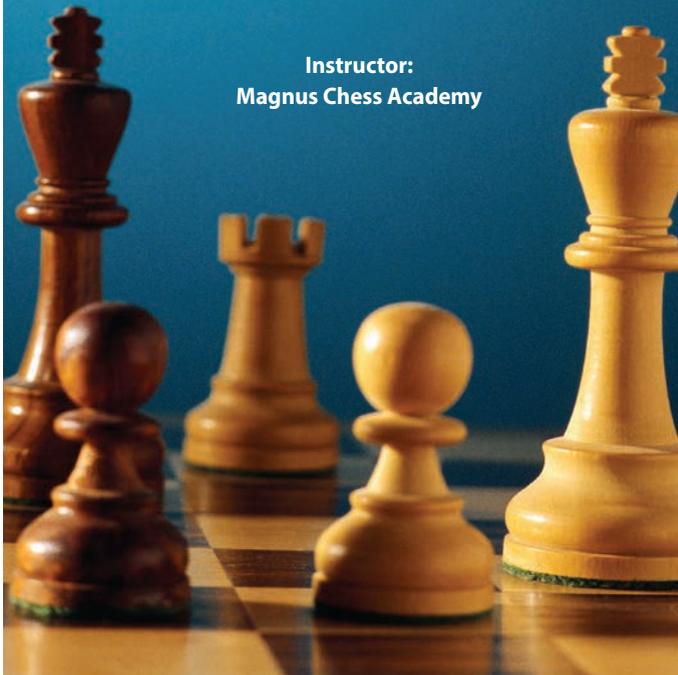
| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------|-------|-------------|
| 115979-A1 | 7/15-7/19 | 5 | M-F | 1-4pm | 10-14 | \$365/\$415 |
| 115979-B1 | 8/12-8/16 | 5 | M-F | 1-4pm | 10-14 | \$365/\$415 |

CHESS CAMP

In Chess Camp, campers play and learn chess with Magnus Chess Academy! We've taught 100,000 children including national champions, but most students are beginners looking to learn and have fun. Campers are broken up into skill levels and activities include learning the rules, openings, tactics, endgames, studying master games, and playing lots of games against other campers. At the end of the week campers will receive a t-shirt and a chess set.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 116730-A1 | 7/22-7/26 | 5 | M-F | 9am-4pm | 6-12 | \$430/\$480 |
| 116730-B1 | 7/29-8/2 | 5 | M-F | 9am-4pm | 6-12 | \$430/\$480 |

Instructor:
Magnus Chess Academy





2024 SUMMER CAMPS MULTI-SPORT CAMPS



ALL SPORTS CAMP

Instructor: MVP Sports Camps

One of our more popular camps, All Sports Camp gives each participant a chance to try a variety of different sports as well as P.E. games used to develop coordination and motor skill development. These camps will be directed by some of our top MVP staff/instructors as well as college and high school athletes.

No Camp: June 19

Location: Glyndon Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|----------|------|-------------|
| 116690-A1 | 6/17-6/21 | 4 | M,T,Th,F | 8am-12pm | 6-10 | \$180/\$225 |
| 116690-B1 | 6/24-6/27 | 4 | M-Th | 8am-12pm | 6-10 | \$180/\$225 |
| 116690-C1 | 7/8-7/11 | 4 | M-Th | 8am-12pm | 6-10 | \$180/\$225 |
| 116690-D1 | 7/15-7/18 | 4 | M-Th | 8am-12pm | 6-10 | \$180/\$225 |
| 116690-E1 | 7/29-8/1 | 4 | M-Th | 8am-12pm | 6-10 | \$180/\$225 |
| 116690-F1 | 8/5-8/8 | 4 | M-Th | 8am-12pm | 6-10 | \$180/\$225 |

BIG BID ULTIMATE CAMP

Instructor: Alexis Planche

Big Bid Ultimate camp focuses on disc skills and spirit of the game for athletes in ultimate, disc golf, and other sports. Each player will learn the basics of throwing, catching, and competing with and against other players and teams. Our professional camp staff is filled with ex-campers turned nationally competitive coaches and players. Experience spirit of the game in the ultimate sport camp experience!

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|----------|------|-------------|
| 116691-A1 | 6/24-6/27 | 4 | M-Th | 9am-12pm | 8-15 | \$160/\$200 |
| 116691-B1 | 7/22-7/25 | 4 | M-Th | 9am-12pm | 8-15 | \$160/\$200 |
| 116691-C1 | 7/29-8/1 | 4 | M-Th | 1-4pm | 8-15 | \$160/\$200 |

NOTHING BUT NET ALL SPORTS CAMP

Instructor: Brian Lonardo

The All-Sports Camp will focus on a variety of sports including basketball, soccer, track and field, dodgeball, capture the flag, tag games, agility exercises, contests, floor hockey, PE games, and the highlight of the week, Olympic Friday and pizza on Brian.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 116092-A1 | 6/24-6/28 | 5 | M-F | 9am-3pm | 6-12 | \$360/\$410 |
| 116092-B1 | 7/22-7/26 | 5 | M-F | 9am-3pm | 6-12 | \$360/\$410 |
| 116092-C1 | 8/12-8/16 | 5 | M-F | 9am-3pm | 6-12 | \$360/\$410 |

i9 SPORTS MULTI-SPORT SUMMER CAMP

Instructor: i9 Sports

Are you looking for a Summer Camp to keep your child active while having tons of fun, making friends, and building self-confidence? Our youth sports camp is perfect for all skill levels from the absolute beginner to the advanced athlete. After warm-up and stretching, campers will rotate through fun-filled stations in several i9 sports including soccer, basketball, flag football, baseball and volleyball! In addition, campers will have a blast playing games such as kickball, wiffle ball, flag tag, relay races, wacky Olympics and more! Campers will be assigned to age-appropriate groups with an i9 Sports instructor. It's a blast and we hope your child can join us!

Location: Caffi Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 116093-A1 | 7/8-7/12 | 5 | M-F | 9am-1pm | 6-11 | \$295/\$345 |
| 116093-B1 | 7/15-7/19 | 5 | M-F | 9am-1pm | 6-11 | \$295/\$345 |

2024 SUMMER CAMPS

SOCCER & FOOTBALL



SOCCER CAMPS

POSITIVE TOUCH FOOTSKILLS SOCCER

Instructor: Golden Boot Soccer

Players will focus on individual technical skills and improve touch on the ball by developing ball handling, dribbling, quick feet, feints, 1v1 skills and more. Through innovative cognitive training techniques and engaging activities, players will develop their finesse and 'soccer IQ' to become more crafty, imaginative, creative, and confident.

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 116336-A1 | 8/12-8/16 | 5 | M-F | 9am-4pm | 9-13 | \$395/\$445 |

BALL MASTERY SOCCER

Instructor: Golden Boot Soccer

Perhaps your child finished a younger introductory program, or maybe they are older but newly interested in soccer. We provide a 'bridge' to more advanced play by developing and refining basic skills such as ball control, first touch, passing, and dribbling. Help your player prepare for the next step with confidence!

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|-----|-------------|
| 116337-A1 | 8/12-8/16 | 5 | M-F | 9am-4pm | 7-8 | \$395/\$445 |

LIL' BOOTS JUNIORS SOCCER

Instructor: Golden Boot Soccer

Specifically designed to create a positive first experience for preschool-aged players who will learn soccer fundamentals through fun activities and noncompetitive, small sided games. Players will build self esteem, confidence, and a sense of sportsmanship and fair play while developing coordination and physical, mental, and social skills.

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|--------------|-----|----------------|
| 116338-A1 | 8/12-8/16 | 5 | M-F | 9:30-10:30am | 3-4 | \$150/\$187.50 |

LIL' BOOTS ADVANCED SOCCER

Instructor: Golden Boot Soccer

An active, age-appropriate, fun introduction to soccer for school-aged players. Campers will learn fundamental skills through creative activities and challenges while exploring the concept of team play in a positive, supportive way. They will develop physical skills like coordination and balance, plus important cognitive skills like listening, communication, and problem solving.

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|--------------|-----|----------------|
| 116339-A1 | 8/12-8/16 | 5 | M-F | 9:30-10:30am | 5-6 | \$150/\$187.50 |



FOOTBALL CAMPS

VIENNA NON-CONTACT FOOTBALL CAMP

Instructor: MVP Sports Camps

Camp will be directed by the James Madison High School Football coaching staff. This 4-day camp will be non-contact and focus on football skills and techniques. No equipment is necessary, but players may wear their own cleats and any other equipment they are comfortable using. *No camp: June 19*

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|-----------|------|-------------|
| 116641-A1 | 6/17-6/21 | 4 | M,T,Th,F | 8-10:30am | 6-13 | \$180/\$225 |

VIENNA HS FOOTBALL CAMP FOR RISING FRESHMAN (NON-CONTACT)

Instructor: MVP Sports Camps

This non-contact football camp will be directed by the James Madison High School Football coaching staff and former players. It is for rising Freshman Football players transitioning into high school. Prior playing experience is not necessary. *No Camp: June 19*

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|-------------|-------|-------------|
| 116642-A1 | 6/17-6/21 | 4 | M,T,Th,F | 10:30am-1pm | 13-15 | \$180/\$225 |

FLAG STAR FOOTBALL CAMP

Instructor: Flag Star Football

Flag Star Football is coming back to Vienna for another round of summer camp. This camp, open to ballers of all experience levels, should also "level up" the kids' game. Campers each play in two games a day, but they are also getting real work, real instruction, and a real chance to learn and improve their craft. Our coaches are the people who will make that happen kind-hearted leaders who are football legit, and walking role models of the approach and values we talk about each day. After care provided until 4:30 p.m. and registration is required.

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|------|-------------|
| 116643-A1 | 7/8-7/12 | 5 | M-F | 9am-3pm | 6-12 | \$395/\$445 |
| Aftercare | | | | | | |
| 116643-B1 | 7/8-7/12 | 5 | M-F | 3-4:30pm | 6-12 | \$60/\$75 |
| 116643-C1 | 7/22-7/26 | 5 | M-F | 9am-3pm | 6-12 | \$395/\$445 |
| Aftercare | | | | | | |
| 116643-D1 | 7/22-7/26 | 5 | M-F | 3-4:30pm | 6-12 | \$60/\$75 |
| 116643-E1 | 8/5-8/9 | 5 | M-F | 9am-3pm | 6-12 | \$395/\$445 |
| Aftercare | | | | | | |
| 116643-F1 | 8/5-8/9 | 5 | M-F | 3-4:30pm | 6-12 | \$60/\$75 |



2024 SUMMER CAMPS FOOTBALL & BASEBALL

WARHAWK YOUTH FLAG FOOTBALL CAMP

Instructor: MVP Sports Camps

This Camp will be directed by Madison Head Football Coach Justin Counts and his staff as well as current and former players now playing at the collegiate level. In 2022 The Warhawk Football program captured their third consecutive Regional Championship and made their 2nd straight appearance in the Virginia 6A State Championship game. No experience required. This (non contact) camp will focus on the rules, skills and fundamentals of flag football with lots of game play, competitions and fun!!

Location: Waters Field



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|-------------|------|-------------|
| 116663-A1 | 7/15-7/18 | 4 | M-Th | 10:30am-1pm | 8-13 | \$180/\$225 |

BASEBALL CAMPS

MVP BASEBALL TRANSITION CAMP

Instructor: MVP Sports Camps

Directed by Mark Pudge Gjormand or members of the James Madison High School Baseball Coaching Staff, as well as current and former players. This camp will be a 4-day camp working directly with T-ball and coach-pitch players helping to make a smooth transition to the next level. All positions will be covered.

No Camp: June 19

Location: Glyndon Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|----------|-----|-------------|
| 116660-A1 | 6/17-6/21 | 4 | M,T,Th,F | 8am-12pm | 4-7 | \$180/\$225 |
| 116660-B1 | 7/8-7/11 | 4 | M-Th | 8am-12pm | 4-7 | \$180/\$225 |
| 116660-C1 | 8/5-8/8 | 4 | M-Th | 8am-12pm | 4-7 | \$180/\$225 |

MVP INFIELDBERS CAMP

Instructor: MVP Sports Camps

This camp will be directed by MVP Infield Director, Brent Weiss, who also serves as the infield coach at James Madison High School. Coach Weiss played collegiately at George Mason University. He will be assisted by current college players and MVP Staff. This camp is designed for passionate players who are eager to learn advanced fundamentals of infield play.

No camp: June 19

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|-----------|------|-------------|
| 116682-A1 | 6/17-6/21 | 4 | M,T,Th,F | 8-10:30am | 9-16 | \$180/\$225 |

MVP LITTLE LEAGUE BASEBALL CAMP

Instructor: MVP Sports Camps

Directed by Mark Pudge Gjormand or members of the James Madison High School Baseball Coaching Staff as well as current and former players.

Location: Glyndon Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|----------|------|-------------|
| 116661-A1 | 6/24-6/27 | 4 | M-Th | 8am-12pm | 7-12 | \$180/\$225 |
| 116661-B1 | 7/15-7/18 | 4 | M-Th | 8am-12pm | 7-12 | \$180/\$225 |
| 116661-C1 | 7/29-8/1 | 4 | M-Th | 8am-12pm | 7-12 | \$180/\$225 |

MVP ADVANCED YOUTH HITTING CAMP

Instructor: MVP Sports Camps

Directed by Mark Pudge Gjormand or members of the James Madison High School Baseball Coaching Staff as well as current and former players. On the field specialty camp focusing on Hitting approach and mechanics.

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|-----------|------|-------------|
| 116679-A1 | 6/24-6/27 | 4 | M-Th | 8-10:30am | 8-12 | \$180/\$225 |

MVP ADVANCED PLACEMENT BASEBALL CAMP

Instructor: MVP Sports Camps

This is a new camp for players that will focus on fundamentals of the 50/70 field.

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|-----------|-------|-------------|
| 116684-A1 | 7/15-7/18 | 4 | M-Th | 8-10:30am | 12-15 | \$180/\$225 |



2024 SUMMER CAMPS

ASSORTED SPORTS & ACTIVITIES



MVP SOFTBALL CAMP

Instructor: MVP Sports Camps

This camp is Directed by Billy Rice, Head Softball Coach at Stone Bridge HS and Director of player development for the MVP Smash Softball program. Instructors will include other Smash Coaches and current and former HS players. This camp will focus on fundamentals and skill development within the game of softball, as well as daily games and competitions. No experience required. Campers will need to bring their own glove and helmet and are encouraged to bring a bat. All campers should bring a snack and a water bottle.

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|------|----------|------|-------------|
| 116071-A1 | 6/24-6/27 | 4 | M-Th | 8am-12pm | 9-12 | \$180/\$225 |

MVP GIRLS LACROSSE CAMP

Instructor: MVP Sports Camps

Camp Director: Jean Counts, Head Coach of the James Madison Warhawks. This 4-day camp will focus on the skills, drills and game play of lacrosse for beginner and intermediate level players. Equipment will not be provided; it is the responsibility of the camper to bring their own equipment. Email JeanCounts@gmail.com for complete equipment list. *No camp: June 19*

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|-----------|------|-------------|
| 116081-A1 | 6/17-6/21 | 4 | M,T,Th,F | 8-10:30am | 8-18 | \$180/\$225 |

RWE BASKETBALL CAMP

Instructor: Rodney Ward

Coach Rodney Ward has over 25 years' experience hosting camps at the Vienna Community Center. The RWE fundamental skills camp is designed to help beginning and intermediate players with ballhandling, passing, receiving, footwork, and shooting. These skills are taught with a focus on having fun and making new friends in a positive environment.



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|---------|------|-------------|
| 116090-A1 | 7/8-7/12 | 5 | M-F | 9am-1pm | 7-12 | \$180/\$225 |
| 116090-B1 | 7/15-7/19 | 5 | M-F | 9am-1pm | 7-12 | \$180/\$225 |
| 116090-C1 | 8/5-8/9 | 5 | M-F | 9am-1pm | 7-12 | \$180/\$225 |

TOUCH RUGBY

Instructor: Arlington Rugby Academy

Touch rugby is a safe way for boys and girls of all ability levels to participate in a team sport. Campers will learn the fundamentals of rugby including proper passing, kicking, and field formation. Each camp day will end with a live scrimmage. All campers should bring a snack, lunch, and a water bottle. Interested campers may join the Vienna Youth Rugby club immediately

Location: Waters Field

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|---------|------|-------------|
| 116693-A1 | 7/29-8/2 | 5 | M-F | 9am-1pm | 4-12 | \$120/\$150 |

TEEN EXCURSION CAMP

Instructor: Vienna Camp Staff

Want a summer of fun? You got it! Teen Camp is what you need to keep the summer exciting. Bring appropriate clothing for the activities scheduled and a bag lunch. Parents, please do not drop off your child before 8:30 a.m. Each participant must have a completed registration form as well as all necessary waivers to participate. Join Club Phoenix for an after-hours free program. *No camp: June 19, July 4, July 5*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|----------|---------------|-------|-------------|
| 125400-A1 | 6/17-6/21 | 4 | M,T,Th,F | 8:30am-4:30pm | 11-15 | \$296/\$346 |
| 125400-B1 | 6/24-6/28 | 5 | M-F | 8:30am-4:30pm | 11-15 | \$370/\$420 |
| 125400-C1 | 7/1-7/3 | 3 | M-W | 8:30am-4:30pm | 11-15 | \$222/\$262 |
| 125400-D1 | 7/8-7/12 | 5 | M-F | 8:30am-4:30pm | 11-15 | \$370/\$420 |
| 125400-E1 | 7/15-7/19 | 5 | M-F | 8:30am-4:30pm | 11-15 | \$370/\$420 |
| 125400-F1 | 7/22-7/26 | 5 | M-F | 8:30am-4:30pm | 11-15 | \$370/\$420 |
| 125400-G1 | 7/29-8/2 | 5 | M-F | 8:30am-4:30pm | 11-15 | \$370/\$420 |
| 125400-H1 | 8/5-8/9 | 5 | M-F | 8:30am-4:30pm | 11-15 | \$370/\$420 |



TENNIS FUN AND FUNDAMENTALS CAMP

Instructor: First Serve Tennis

Through fun skill-based activities, beginners (Tennis 1) and advanced beginners (Tennis 2) practice the fundamental strokes emphasizing forehand, backhand, volley, and serve, and develop the ability to rally. Ideal for those familiar with our Tennis 1&2 classes. Players will be grouped by age and/or ability. Racquets are required.

Location: Meadow Lane Park Tennis Court

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|------|-------------|
| 116041-A1 | 6/24-6/28 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |
| 116041-B1 | 7/8-7/12 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |
| 116041-C1 | 7/15-7/19 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |
| 116041-D1 | 7/22-7/26 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |
| 116041-E1 | 7/29-8/2 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |
| 116041-F1 | 8/5-8/9 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |
| 116041-G1 | 8/12-8/16 | 5 | M-F | 9am-12pm | 7-14 | \$375/\$425 |

CLUB PHOENIX TEEN CENTER



Club Phoenix Teen Center is an after-school program available for ages 11 – 17. We welcome all Teens and Tweens in the Greater Vienna area to enrich their lives through programs focused on their interests. We offer homework help on Tuesday and Thursday and for fun daily activities we have large tabletop games like air hockey, shuffleboard, and pool. We have video games, board games, virtual reality games, music, special events, special interest activities, and sports/fitness programs. Please contact Ianna Alhambra, After School Program Coordinator, at **703-255-5736** or via email at **Ianna.Alhambra@viennava.gov**, if you have any questions.

Club Phoenix Location:
Vienna Community Center
120 Cherry Street, SE • Vienna, VA 22180

Hours of Operation:
Monday through Thursday 2:30 – 6:30 p.m.
Friday 2:30 – 9:30 p.m.

Club Phoenix is closed the following dates:
June 19 | July 2 | July 4 | July 5
August 19 – 23 | August 26 – 30
September 2

All programs held at the Vienna Community Center unless otherwise noted.

RECTRAC REGISTRATION

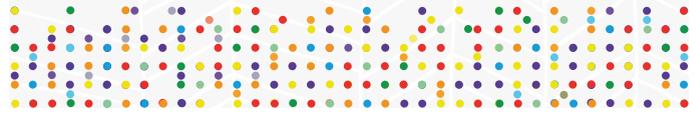
Please register your child for Club Phoenix by creating a household on **WebTrac** and receive a key fob upon entry at Club Phoenix. Visit **viennava.gov/webtrac** to get started.

“THE PHOENIX” PARENT E-NEWSLETTER

Get connected and stay informed with all the latest programs and activities in Club Phoenix by signing up to receive our quarterly e-Newsletter, “The Phoenix.” You can learn more information regarding events, daily activities, parent discussions and teen council meeting details.

CLUB PHOENIX RENTALS

Club Phoenix is available for rentals on weekends to members of Club Phoenix. Fill out an application from the After School Program Coordinator by emailing **Ianna.Alhambra@viennava.gov** and set up a tour for more information.



ODD JOB LIST

Calling all youth interested in earning some extra cash! Do you enjoy babysitting or have a passion for dog walking? The Vienna Parks and Recreation Department sponsors a program in which youth can sign up to be added to the Odd Job List to help their neighbors while potentially earning some extra cash. Applications can be found at the Vienna Community Center Front Desk.



CLUB PHOENIX SPECIAL EVENTS

10TH ANNUAL PHOENIX AWARDS:

Teen Wellness Festival

Friday, May 17 ■ 5 p.m. – 8:30 p.m.



You are cordially invited to assist us in honoring the hard work and diligence of our Club Phoenix Teen Center members, Teen Council, volunteers, and staff members. This Teen Wellness Festival includes entertainment, light refreshments, guest speakers and resources for teens. Celebrate 10 years of Phoenix Awards and 25 years of the Club Phoenix Teen Center operating in the Vienna Community Center.

MONDAY MEMORIES

Monday starting June 17 - August 12

Snap a photo and create lasting memories by assisting the Teen Center Specialists as they put together a Summer Scrapbook filled with pictures taken throughout the summer season in the Teen Center.

TRANSFORMATION TUESDAYS

Tuesday starting June 18 - August 13

Have you ever heard of the 8 dimensions of wellness? Follow Ms. Ianna as we learn and apply the different dimensions of wellness to our lives to meet our full potential. Teens will receive a summary sheet and will be able to walk away with tools and resources corresponding to the different dimensions of wellness taught every Tuesday. The full schedule of activities will be posted in The Phoenix summer Issue.

WATER WEDNESDAYS

Wednesday starting June 26 - August 14.

Cool off from the hot days of summer by enjoying fun water activities with other Teen Center members. Come prepared to get wet and muddy on the field. The full schedule of activities will be posted in The Phoenix summer Issue.

THEATER THURSDAYS

Thursday starting June 20 - August 15

Tune in to our Summer Watch Party every Thursday for a fun movie night with your friends in the Teen Center. The full schedule of movies will be posted in The Phoenix summer Issue.

FREESTYLE FRIDAYS

Friday starting June 21 - August 16

From karaoke to open mics and ice breaker games to competitions, join Club Phoenix every Friday to enjoy some fun with other teens in the area. The full schedule will be posted in The Phoenix summer Issue.

DOG DAYS OF SUMMER WEDNESDAYS

June 26 | July 17 | August 14

4:30 – 6:30 p.m.

The sultry, hot days of summer will be tackled with the refreshing air conditioning of Club Phoenix, top 40 hits, engaging movie titles, and hot dogs. Feel free to stop by the Club and cool off.

END OF THE YEAR

PAJAMA PARTY

Wednesday, June 12 | 3:30 – 6:30 p.m.

What better way to celebrate the end of the school year than a pajama party?!?! There is no need for sleeping bags or blow-up mattresses for we are not sleeping over, but onesies, and the coziest pajamas are encouraged. We will provide the movie, popcorn, and food.



ADULT ART & POTTERY PROGRAMS

ALL POTTERY CLASSES AND LABS ARE HELD AT THE BOWMAN HOUSE ARTS AND CRAFTS CENTER, 211 CENTER STREET S.



POTTERY LAB

Open to all adults enrolled in a pottery class. \$17.50 for 25 pounds of clay, which includes glazes and firings. Only clay purchased from the Parks and Recreation Department may be used in the studio. Children may not accompany parents to lab. Lab registration is available online. Up to two labs per class participant.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------------|-------|------|
| 137210-A1 | 7/1-8/5 | 6 | M | 9:30am-12:30pm | 18-99 | \$30 |
| 137210-B1 | 7/1-8/5 | 6 | M | 6-9pm | 18-99 | \$30 |
| 137210-C1 | 7/3-8/7 | 6 | W | 1-4pm | 18-99 | \$30 |
| 137210-D1 | 7/11-8/8 | 5 | Th | 1-4pm | 18-99 | \$25 |
| 137210-E1 | 7/12-8/9 | 5 | F | 9am-12pm | 18-99 | \$25 |
| 137210-F1 | 7/13-8/10 | 5 | Sa | 9am-12pm | 18-99 | \$25 |
| 137210-G1 | 7/13-8/10 | 5 | Sa | 1-4pm | 18-99 | \$25 |

BEGINNER WHEEL

Instructor: Ben Harrell III

An overall introduction to the potters wheel for beginners, including the basics of centering, throwing, trimming, and glazing. Students will learn to throw cylinders and bowls. It is mandatory that beginners attend the first two sessions of class as the foundation of throwing will be covered in those two classes. Students should purchase a basic tool kit consisting of a needle tool, wire, and wooden rib and wooden sculpting tool which are available at arts and crafts stores and online. Students should also bring an old towel and a large sponge for cleaning. Wear clothes you expect to get dirty.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------------|-------|-------------|
| 137211-A1 | 6/25-7/30 | 6 | T | 6:30-9:30pm | 18-99 | \$138/\$168 |

INTERMEDIATE WHEEL

Instructor: Bikki Stricker - Monday

This class is designed to expand on the basics taught in beginning wheel. Sample projects include throwing larger forms, making dinnerware sets, and exploring various decorating techniques. Students should bring a towel, tools, and bats to class.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------|-------|-------------|
| 137212-A1 | 6/24-7/29 | 6 | M | 2-5pm | 18-99 | \$138/\$168 |

ADVANCED WHEEL

Instructor: Jennifer Coffin

You will learn a variety of advanced techniques and to refine your work both aesthetically and functionally during class. Students should bring a sponge, old towel and bats to class.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|-------------|
| 137213-A1 | 6/25-7/30 | 6 | T | 9am-12pm | 18-99 | \$138/\$168 |

HANDBUILDING

Instructor: Treena Rinaldi

You will learn various methods of handbuilding pots for both functional and decorative use and a variety of glazing and decorating techniques. Advanced students entering the class are encouraged to develop and work on specialized projects. No Class : 7/4

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|----------------|-------|-------------|
| 137214-A1 | 6/27-8/1 | 5 | Th | 9:30am-12:30pm | 18-99 | \$115/\$140 |
| 137214-B1 | 6/27-8/1 | 5 | Th | 6:30-9:30pm | 18-99 | \$115/\$140 |

HANDBUILDING AND THROWING

Instructor: Ben Harrell III

Students will engage in both handbuilding and throwing on the wheel in a hybrid class crossing over skills from both disciplines. Altering forms on and off the wheel will help develop keen understanding of the nature and malleability of clay. This class is recommended for students with intermediate experience with pottery.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------------|-------|-------------|
| 137215-A1 | 6/26-7/31 | 6 | W | 9:30am-12:30pm | 18-99 | \$138/\$150 |

INTERMEDIATE/ADVANCED WHEEL

Instructor: Rachelle Stefanik

This class will build on existing skills, with a focus on planning projects from conception to final glazing. Focus will be on refining techniques and pushing past your comfort zone. Students should be able to center and throw at least 3 pounds of clay. Required materials include a towel, tools, and your own bats.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|--------|-------|-------------|
| 137216-A1 | 7/12-8/9 | 5 | F | 7-10pm | 18-99 | \$115/\$140 |

SUMMER 2024 SPECIAL EVENTS



SUMMER ON THE GREEN CONCERT SERIES

Fridays | June 7- August 23 | 6:30 p.m.

**See Chillin' on Church for 3rd Friday schedule
Vienna Town Green (144 Maple Avenue E)*

- June 7 **US Navy Band "The Commadores"** — Jazz
- June 14 **Sarah Swanner Band** — Country & Folk
- June 28 **US Army Band "Swamp Romp"** — Blues
- July 12 **Multicultural Festival**
- July 26 **The Ashcats** — Rock
- August 2 **Fat Chance** — Rock
- August 9 **Steve Leads + Off the grid band** — Rock
- August 23 **Sweet Yonder** — Country & Bluegrass

SPECIAL SHOWS:

- June 12 **Vienna Moms Inc. Presents Rocknoceros** — Kids music
- July 28 **Vienna Community Band and The Fairfax Jubil-Aires** — Concert band and a cappella

Thanks to our series sponsor: **The Rotary Club of Vienna**

A series of free, fun, and family-friendly concerts presented by the Town of Vienna and generous sponsors. In case of bad weather, please call the weather line at **703-255-7842** or the Vienna Community Center at **703-255-6360** up to two hours before the event. Chairs and blankets are encouraged, though we recommend you leave your pets at home. No alcoholic beverages are permitted.



KIDS ON THE GREEN



**Tuesdays | 10 a.m.
June 4–August 27**



Freeman Store Patio (131 Church Street NE)

- June 4 **Mr. Jon and Friends** — Kids Music
- June 11 **The Grandsons Jr.** — Kids Music
- June 18 **Groovy Nate** — Kids Music *
- June 25 **Mark H Rooney** — Taiko: Japanese Drumming*
- July 9 **Kofi Dennis** — African Dance, Drums & Storytelling*
- July 16 **Adventures in Fun** — Live Reptile Show
- July 23 **Tony M. Music** — Kids Music
- July 30 **Mr. Lilo** — Kids Music
- August 6 **Drew Blew Shoes** — Magic
- August 13 **Prakriti Dance** — Indian Dance & Storytelling
- August 20 **Marsha and the Positrons** — Kids Music
- August 27 **Beech Tree Puppets**



Enjoy a series of **free, interactive kids programs** presented by the Town of Vienna and generous sponsors. Please bring chairs or blankets. In the event of bad weather, call the inclement weather line at **703-255-7842**.

**Special Liberty Amendments Month events.*



Thanks to our series sponsors:

**Rotary Club of Vienna
and Vienna Presbyterian Church**



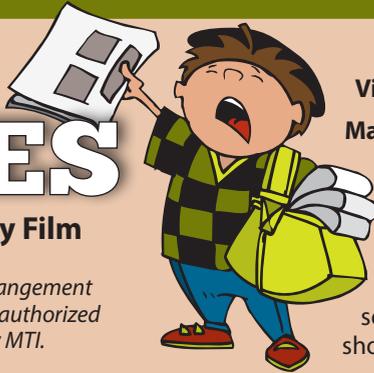
VIENNA YOUTH PLAYERS PRESENTS

DISNEY'S NEWSIES

a musical based on the Disney Film

"NEWSIES" is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI.

Vienna Youth Players is back this summer with the Disney dance sensation, "Newsies!" This classic traces its roots back to the Newsboy Strike of 1899, where newsies — boys and girls who sold newspapers on the street — went up against two newspaper publishers, Joseph Pulitzer of the New York World and William Randolph Hearst of the New York Journal, to fight for the chance to earn a livable wage. Newsies takes this real, life changing event to the stage with an explosion of energetic music and dance.



Audition Dates

Vienna Community Center Auditorium

May 25 & May 26 • 12 p.m. (noon)–4 p.m.

May 28 • 4–5 p.m.

Callbacks: May 28 • 6–9 p.m.

Go to www.viennava.gov/theatre to sign up for auditions. Auditions are for students ages 10–18. Prepare to sing about 16 bars to 30 seconds of song, singing a cappella. Wear comfy clothes and shoes that you can dance in.

Performance Dates

Saturday, July 20 • 7 p.m.

Saturday, July 27 • 7 p.m.

Sunday, July 21 • 1:30 p.m.

Sunday, July 28 • 1:30 p.m.

Friday, July 26 • 7 p.m.

All performances are at the **Vienna Community Center**.

Tickets go on sale June 3 and may be purchased for \$18 at the Vienna Community Center or online at www.viennava.gov/webtrac.

CHILLIN' ON CHURCH VIENNA-STYLE BLOCK PARTIES!



Third Fridays in
June, July, August,
and September

6:30 - 9:30 p.m.

Historic Church Street

Thanks to our series sponsor: **Delta Dental**



- June 21 **Starlight Anthem** — pop rock covers
- July 19 **Ocho de Bastos** — Latin pop rock
- August 16 **Texas Chainsaw Horns** — funky rock and pop
- September 20 **Sudden M-Pac Band** — pop, r&b, funk



**FREE ADMISSION ♦ LIVE MUSIC ♦ FOOD TRUCKS
BEER AND WINE SALES**

Bring blankets or lawn chairs. We recommend leaving pets at home. Must be 21 or older with a valid picture ID to purchase alcoholic beverages (we 100% ID check, do not forget your ID.) All alcoholic beverages must be consumed inside event gated boundaries. No outside alcoholic beverages permitted.

VYP FAIRYTALE PARTY

Saturday

June 22 | 11 a.m. – 1 p.m.

Vienna Community Center
Auditorium

\$15 per child (recommended for ages 3-7)

Join the Vienna Youth Players Newsies cast for a fairytale princess party, enjoy treats, acting games, singing and dancing. Purchase tickets starting May 13 at 8 a.m. For more information and questions please contact Nicole Dreo: **Nicole**.

Dreo@wondergo.org. Purchase tickets at viennava.gov/webtrac.

SUMMER 2024 SPECIAL EVENTS



INDEPENDENCE DAY

CELEBRATION AND FIREWORKS

July 2 | 6 – 10 p.m.

Yeonas Park, 1319 Ross Drive, SW

Fireworks show begins at dark (approximately 9:30 p.m.)

Thanks to our fireworks sponsor **Navy Federal Credit Union**

Celebrate America's Independence Day and Vienna's fourth annual Liberty Amendments Month featuring live music from Cantare and Thunderball (headliner), great food, and fun for the whole family! Food, drinks and dessert will be available for purchase from food trucks and the Vienna Little League Snack Bar. Guests are encouraged to bring blankets or lawn chairs and enjoy the picnic-like atmosphere at the park. Lawn chairs, strollers, rolling coolers and wagons are not permitted on the baseball fields.

Please note: No alcohol, fireworks, pets or glass containers will be permitted inside the event area.

More information available at www.viennava.gov/fireworks. Questions? Call 703-255-6360 or email lily.widman@viennava.gov.



STORIES & SPRINKLERS

Wednesdays | 1 p.m.

June 26–July 31

Vienna Town Green
(144 Maple Avenue E)

Kids, families, and caregivers are invited to enjoy stories near the patio located behind the Freeman Store. Directly afterward, cool off and have a squealing good time running through sprinklers on the Town Green lawn. Sponsored by the Town of Vienna and Historic Vienna, Inc.



BIG SCREEN ON THE GREEN

Thanks to our series sponsor **Navy Federal Credit Union!**

Come enjoy a movie under the stars at the Vienna Town Green. Complimentary water and popcorn will be available while supplies last. The Big Screen on the Green Event will help to kick off and celebrate Viva Vienna's 40th Anniversary. Join us for kids' activities, food trucks and information on Town services before the movie starts!

More information will be announced at www.viennava.gov/bigscreen.

May 17
Back to the Future

September 13
Trolls Band Together



GATHER. CELEBRATE. REPEAT.

For more information about any Town of Vienna event, call 703-255-6360 or visit www.viennava.gov/events.

Sign Up for Vienna HAPPENINGS E-Newsletter

Visit www.viennava.gov/happenings to sign up to receive the Town's weekly email with updates on fun events and things to do in Vienna!



THANKS TO OUR FAMILY
FISHING RODEO SPONSOR





ADULT FITNESS PROGRAMS



PILATES STRENGTH FUSION

Instructor: Sharon Turner

A Pilates based class which includes strengthening exercises using hand weights, exercise tubing and Pilates balls. We will target strength, balance, flexibility and core conditioning so no muscle group will be neglected. A series of stretches to help flexibility, range of motion, and posture will be included at the end of each workout. Please bring hand weights and a mat. *No Class: 7/5*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|-------------|-------|----------------|
| 133020-A1 | 6/24-8/5 | 7 | M | 8:30-9:30am | 18-99 | \$105/\$131.25 |
| 133020-B1 | 6/28-8/9 | 6 | F | 8:30-9:30am | 18-99 | \$90/\$112.50 |

YOGA + PILATES

Instructor: Bodymoves Fitness, LLC

This holistic integration energizes, relaxes and rejuvenates. Pilates exercises develop movement from a strong core, protecting and lengthening the spine, while yoga poses promote strength, flexibility, health of internal organs and stress relief. Please bring a yoga mat.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------|-------|------------|
| 133501-A1 | 6/24-8/12 | 8 | M | 7-8pm | 18-99 | \$96/\$120 |

PILATES MAT

Instructor: Bodymoves Fitness, LLC

Enjoy the benefits of Pilates to strengthen the core, enhance balance and muscle control, increase flexibility and range of motion, develop proper body alignment, and connect mind to muscles using the breath and mental focus. Please bring a mat to class. *No Class: 7/3*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------|-------|------------|
| 133502-A1 | 6/26-8/14 | 7 | W | 7-8pm | 18-99 | \$84/\$105 |

PILATES WITH PROPS

Instructor: Bodymoves Fitness, LLC

Pilates with Props extends the benefits of Pilates by employing small apparatus including flex bands, sponge balls and physio balls. (Optional material fee in class to purchase a burst-resistant, 55cm physio ball from instructor or bring your own.) Please bring a mat to class.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|--------------|-------|------------|
| 133500-A1 | 6/25-8/13 | 8 | T | 12:30-1:30pm | 18-99 | \$96/\$120 |

CARDIOBOXING

Instructor: Fee Pearson

This 45-minute calorie blasting workout uses aerobics, kicks and punches to improve fitness. Although this class is high energy, variations are demonstrated for high and low impact. Kick, jab and punch your way to fitness to the hottest dance music. *No Class: 7/24*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|---------|--------------|-----|----------|-------|--------------|
| 133022-A1 | 7/3-8/7 | 5 | W | 8:15-9pm | 18-99 | \$55/\$68.75 |

CARDIO MIX

Instructor: Sharon Turner

This is a cardio based body conditioning program which incorporates HIIT (High Intensity Interval Training). The workout is broken down into three segments beginning with HIIT, followed by a strength portion and ending with core work and stretching. Please bring a set of hand weights and a mat. *No Class: 7/4*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|-------------|-------|----------------|
| 133025-A1 | 6/25-8/6 | 7 | T | 5:15-6:15pm | 18-99 | \$105/\$131.25 |
| 133025-B1 | 6/27-8/8 | 6 | Th | 5:15-6:15pm | 18-99 | \$90/\$112.50 |



JAZZERCISE

Monday/Tuesday/Wednesday/Friday/Saturday 9:30 - 10:30 a.m.

Monday/Wednesday 6:30 - 7:30 p.m.

Jazzercise is an inclusive woman-owned fitness company dedicated to helping people live healthier, happier lives. We believe that working out is about more than looking great—it is about feeling great. The program fuses dance cardio and strength training into one heart-pounding sweat session.

Take unlimited classes for \$59 for 14 consecutive days - starting the day of purchase, only at participating locations for new customers or those who have not attended and/or registered in one month or longer. Valid only during promotion dates. Special offer may be purchased in class or online at jazzercise.com. Other restrictions may apply. \$83 unlimited classes month to month membership. Single class drop-in rate \$25. Please call or text Yhomi Warshavsky at **703-909-6449** or email ffxjazzercise@gmail.com. To register visit jazzercise.com.

ADULT FITNESS PROGRAMS



INTERMEDIATE QIGONG FOR HEALTH & WELL BEING

Instructor: Carrol Ritter

This class is for those who have had some previous exposure to Qigong either through a class or self-study. While we will review the basics, the focus will be on deepening our practice and further exploring the principles underlying Qigong. The practices to be shared include breathing practices, movement practices, Qigong meditation, and self-massage. The practices are designed to enhance and balance our energies, which in turn supports our health, well-being and builds our capacity to relax. Wear loose comfortable clothing; no other equipment is needed. *No Class: 7/6*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|--------------|-------|--------------|
| 133028-A1 | 6/15-7/27 | 6 | Sa | 9:30-10:45am | 18-99 | \$78/\$97.50 |

TAI CHI ALL LEVELS

Instructor: Ed Tang

Tai Chi's graceful and precise movements develop balance, alignment and relaxation. Unlike purely physical exercise, this gentle yet powerful discipline integrates body, mind and spirit. Cohen, a certified instructor, will introduce you to techniques for balance and proper breathing.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|--------------|-------|-----------|
| 133030-A1 | 6/26-8/14 | 8 | W | 9:30-10:30am | 18-99 | \$64/\$80 |

BUILDING KNEE STABILITY

In this course, you will be coached through exercises for four major muscle groups that stabilize the knee. These are simple, low-impact exercises that can be done while sitting in a chair. Plenty of time will be provided for questions and answers. Presented by Dr. Charles Masarsky, D.C. with Vienna Chiropractic Associates.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 133034-A1 | 7/9 | 1 | T | 10-11am | 18-99 | Free |

BREATHING EXERCISES FOR OPTIMAL BRAIN HEALTH

Are you happy with your current level of mental clarity, or are you interested in improving? Would you like to sharpen your focus at work, further excel at school, achieve more in your favorite sports and games, or just be more "together" in your everyday life? If you are happy with your current level of cognitive function, would you like to help your brain maintain that level as you age? In this course, you will learn breathing exercises designed to help support brain function. Presented by Dr. Charles Masarsky, D.C. with Vienna Chiropractic Associates.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 133035-A1 | 8/13 | 1 | T | 10-11am | 18-99 | Free |



HATHA YOGA



HATHA YOGA BEGINNER

Instructor: John Giunta, MA/FRC

Have fun while we gain flexibility, strength, improve concentration and achieve a deeper union of body, mind and spirit with authentic classical yoga teachings. Dress for movement and bring a mat and towel if you think you need extra padding. John has made a pilgrimage to India, studying Raja yoga and Vedanta. John is a senior yoga teacher certified by the Himalayan Institute and has over 35 years of teaching experience. He is a Reiki practitioner, a yoga therapist and consultant listed with George Mason University Arts Wellness Program.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------------|-------|-------------|
| 133050-A1 | 6/17-8/12 | 9 | M | 1:15-2:45pm | 18-99 | \$108/\$135 |
| 133050-B1 | 6/18-8/13 | 9 | T | 7-8:30pm | 18-99 | \$108/\$135 |

HATHA YOGA BEGINNER/INTERMEDIATE

Instructor: John Giunta, MA/FRC

This is John Giuntas group of students with some past experience in any yoga tradition. Students who attend this group should know their safe range of motion and have a basic knowledge of some of the major postures/asanas in yoga.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|-------------|
| 133051-A1 | 6/22-8/17 | 9 | Sa | 8-9:30am | 18-99 | \$108/\$135 |

HATHA YOGA ONGOING/EXPERIENCED

Instructor: John Giunta, MA/FRC

This group is comprised of students with significant past experience in any yoga tradition. *No Class: 7/4*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|------------|
| 133052-A1 | 6/20-8/15 | 8 | Th | 7-8:30pm | 18-99 | \$96/\$120 |



ADULT FITNESS PROGRAMS

MORNING FITNESS WAKEUP



Instructor: Nathan Greiner

This class is a group personal training program for adults run by a certified personal trainer. Get the benefits of your own personal trainer at a fraction of the cost. The class is designed to promote life long healthy habits, increase energy levels, improve muscular strength and endurance and reduce the adverse effects of aging. Class will incorporate interval training, HIIT training, strength training, body weight training, cardiovascular conditioning as well as balance and flexibility training. *No Class: 6/7, 6/19, 7/5, 7/8, 7/10, 7/12*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-------|-------|-------|-------------------|
| 133429-A1 | 5/29-6/26 | 11 | M,W,F | 6-7am | 18-99 | \$214.50/\$266.75 |
| 133429-B1 | 6/28-7/31 | 11 | M,W,F | 6-7am | 18-99 | \$214.50/\$266.75 |
| 133429-C1 | 8/2-8/23 | 10 | M,W,F | 6-7am | 18-99 | \$195/\$242.50 |

PICKLEBALL

PICKLEBALL 1

Instructor: First Serve Tennis

This is an introduction to all the basic strokes including dinks, volleys, forehands, backhands, the serve, and how to keep score. The class is best suited if you have never played, only tried play with a friend, or if you have never had a formal introduction to the game. Paddles and balls are provided. Please wear tennis shoes. Ratio 6:1.

No Class: 7/1, 7/4

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------------|-------|----------------|
| 134047-A1 | 6/24-8/12 | 7 | M | 5:30-6:25pm | 15-99 | \$182/\$227.50 |
| 134047-B1 | 6/24-8/12 | 7 | M | 6:30-7:25pm | 15-99 | \$182/\$227.50 |
| 134047-C1 | 6/27-8/15 | 7 | Th | 5:30-6:25pm | 15-99 | \$182/\$227.50 |

PICKLEBALL 2

Instructor: First Serve Tennis

Drills and game play will help you improve your skills to hit balls that are more accurate and consistent. Prior playing experience required. Bring your own paddle. Pickleballs are provided. Please wear tennis shoes. Ratio 6:1. *No Class: 7/1, 7/4*

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------------|-------|----------------|
| 134048-A1 | 6/24-8/12 | 7 | M | 7:30-8:25pm | 15-99 | \$182/\$227.50 |
| 134048-B1 | 6/27-8/15 | 7 | Th | 6:30-7:25pm | 15-99 | \$182/\$227.50 |

PICKLEBALL 3

Instructor: First Serve Tennis

Learn how to play the game more strategically. Solid, consistent strokes and prior playing experience required. Bring your own paddle. Pickleballs are provided. Please wear tennis shoes. Ratio 6:1. *No Class: 7/4*

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------------|-------|----------------|
| 134049-A1 | 6/27-8/15 | 7 | Th | 7:30-8:25pm | 15-99 | \$182/\$227.50 |

ADULT TENNIS

ADULT TENNIS 1

Instructor: First Serve Tennis

Players new to the game learn the fundamental strokes: forehand, backhand, volleys, overhead and serve. Player-Coach ratio is 4:1.

No Class: 7/1

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|-------------|
| 134040-A1 | 6/24-8/12 | 7 | M | 8-9:10pm | 18-99 | \$245/\$294 |

ADULT TENNIS 2

Instructor: First Serve Tennis

Techniques for improved shot making, tactics and strategy-based drilling combine with match play for intermediate players. For players who have completed Tennis 1 or with coach's recommendation. A tennis racket is required. *No Class: 7/2*

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|----------|-------|-------------|
| 134041-A1 | 6/25-8/13 | 7 | T | 7-8:10pm | 18-99 | \$245/\$294 |

ADULT TENNIS 3

Instructor: First Serve Tennis

Techniques for improved shot making, tactics and strategy-based drilling combine with match play for intermediate players. Player-Coach ratio is 4:1. *No Class: 7/2*

Location: Meadow Lane Park

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-------------|-------|-------------|
| 134042-A1 | 6/25-8/13 | 7 | T | 8:15-9:25pm | 18-99 | \$245/\$294 |



MATURE ADULT EVENTS & LECTURES





WELLNESS & SAFETY EXPO

Vienna Parks and Recreation is offering a Wellness & Safety Expo for adults ages 55 and over at the Vienna Community Center. Attendees will benefit from medical screenings and educational opportunities from many local vendors providing a wide range of resources to enhance the physical and mental well-being of older adults. This Wellness & Safety Expo will provide a wonderful environment to nurture personal interest, learn something new, foster friendships and gather vital information. Free fitness demos, guest speaker from Vienna Police Officer, Celines Fitchue on Scams and Fraud prevention, and an onsite food truck. Questions? Contact Kathy Blevins at kblevins@viennava.gov or call **703-255-7801**.

Friday, May 10
11 a.m.-2 p.m.

ESTATE PLANNING 101

This lecture is designed to highlight the main parts to an estate plan and the critical importance of each document. Topics include wills, revocable living trusts, advance medical directives, power of attorney and probate. Presented by Alison Mathey Lambeth, Attorney at Law.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 141566-A1 | 6/21 | 1 | F | 10-11am | 55-99 | Free |

HOARDING-WHAT IS IT? and HOW CAN I HELP?

Hoarding has been in the news on and off for years. Have you ever wondered what it is? Why do people do it? How much does it happen? In this fast paced and interactive talk, Maria, with Conquer the Clutter will explain all of this and more. She'll talk about what it is like to live in this environment, what causes it, why the person who is hoarding may be reluctant to change, the emotions involved as well as how to work with them to achieve the greatest possible success in cleaning up their environment.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 141569-A1 | 7/12 | 1 | F | 10-11am | 55-99 | Free |

ONE OF THE GREATEST GIFTS

Come learn about the benefits to you and your loved ones of getting your home and records organized. We will also discuss methods and tips, why people keep stuff, and specialized sources to sell, donate, and recycle those "what-do-I-do-with" items. Presented by No Frills Organizing.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|------------|-------|------|
| 141570-A1 | 7/1 | 1 | M | 10-11:30am | 55-99 | Free |

THE ALPHABET SOUP OF MEDICARE

Are you confused about Medicare? Most seniors are so you are not alone. It's not only about the ABC's. There's also D and then there's Medical Supplement with it's own host of lettered plans! Have you heard about Medicare Advantage? That's where A+B+D (sometimes) =C. Yikes! And have you ever wondered how and if Medicare pays for nursing homes or long term care? If you have any of these questions, this course is for YOU. If you're not yet old enough for Medicare, come to the class so you can be a step ahead of the pack so that you know what to do when the time comes. If you're already on Medicare, come to better understand the benefits you currently have. Presented by Maddie Sharpe, CFP® Specializing in Senior Health, LTC, Life, and Annuity Protection.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|-----------------|-------|--------------|
| 141571-A1 | 6/8 | 1 | Sa | 10:30am-12:30pm | 55-99 | \$10/\$12.50 |

DEMENTIA 101

Learn how to define dementia, distinguish the different types, and gain an understanding of the typical path of disease progression. Presented by Nina Davis, with Insight Memory Care Center.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 142290-A1 | 8/5 | 1 | M | 10-11am | 55-99 | Free |

AGING IN PLACE

As we age our needs are different. It is appreciated if doorways are wider, and homes have less stairs. And often a first floor master is desirable. So whether you are looking to improve the quality of life for yourself, or you have aging relatives living with you; ask yourself: is it better to renovate your current home to meet those needs? Or is it better to move to something that is ready for those needs now? Come and join the discussion with a top quality local builder and local Realtor Jeff Wu.



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 142524-A1 | 7/18 | 1 | Th | 10-11am | 55-99 | Free |

BINGO ICE CREAM SOCIAL

Attention Mature Adults.....join your friends for an afternoon of White Elephant bingo and ice cream. Enjoy a traditional bingo game in a friendly atmosphere while you win white elephant prizes. Bingo cards are \$2 for 2 cards (limit 2 cards/person). Registration required. Please bring in a white elephant item in good condition to donate to our prize table. For mature adults 55+.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|-------------|-------|------|
| 141563-A1 | 6/14 | 1 | F | 1:30-3:30pm | 55-99 | \$2 |

MATURE ADULT CLASSES & LECTURES



MATURE ADULT TRIPS

DOWNSIZING

Comprehensive seminar helping you to plan for the future by discussing various aspects of the downsizing process. Some topics to be discussed: decluttering your current home, organizing and getting it ready for sale and selling your home to researching future home options involving different types of living and levels of care available. Presented by Jeff Wu, Agent Knows Homes Realtor.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 142525-A1 | 8/15 | 1 | Th | 10-11am | 45-99 | Free |

S.A.I.L.- STAY ACTIVE & INDEPENDENT FOR LIFE

Instructor: Teresa Fletcher

Stay Active and Independent for Life (SAIL) is an evidence-based fall prevention program centered around a strength, balance, and fitness program for adults 65 and older. The SAIL curriculum includes aerobics, balance exercises, stretching routines and education-the exercises can be done standing or sitting. SAIL classes are proven to improve balance, mobility, strength and flexibility and to reduce known risk factors for falls. Two classes a week are recommended. *No Class: 7/3, 7/5*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|----------|--------------|-----|-------|-------|-----------------|
| 142576-A1 | 6/26-8/7 | 6 | W | 2-3pm | 65-99 | \$51/\$64.50 |
| 142576-B1 | 6/21-8/9 | 7 | F | 2-3pm | 65-99 | \$59.50/\$75.25 |

BETTER BRAIN HEALTH AS YOU AGE

Go beyond "eat well and exercise" and dive into the challenges of maintaining a healthy lifestyle. Presented by Insight Memory Care.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|------|
| 143281-A1 | 6/10 | 1 | M | 10-11am | 55-99 | Free |

MONDAY MORNING WALKERS

Instructor: Dadia Stern

Come and walk on local trails, scenic paths and parks in the area. You should be able to walk each 2-3 mile route in about one hour. Walks will begin at the Vienna Community Center and go through local neighborhoods. Come prepared to meet new walking buddies and to have a generally great time! Bring a cell phone if you have one. Classes will meet in light rain, the only exception being thunderstorms. Advanced registration is necessary. This program is led by a Certified Walk With Ease instructor.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|---------|--------------|-----|---------|-------|--------------|
| 143282-A1 | 7/1-8/5 | 6 | M | 10-11am | 50-99 | \$18/\$22.50 |

SENIOR FITNESS

Instructor: Robin Monroe and Teresa Fletcher

This energizing class is for older adults who have been exercising on a regular basis. This program will include cardio, weightlifting and stretching to aid in building physical endurance, muscle strength, balance and flexibility. Participants are asked to bring water and hand weights to class. Participants are asked to take responsibility for knowing and regulating their own fitness level. Due to the 35-person capacity in the auditorium, you may only register for one Senior Fitness class for the summer session. *No Class: 7/4*

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-----------|--------------|-----|-----------------|-------|-----------------|
| 143471-A1 | 6/18-8/13 | 9 | T | 11:30am-12:30pm | 55-99 | \$24.75/\$31.50 |
| 143471-B1 | 6/20-8/8 | 7 | Th | 10:30-11:30am | 55-99 | \$19.25/\$24.50 |

CHOPTANK RIVER CRUISE & CRAB FEAST

Enjoy a crab feast aboard the Dorothy Megan, the Choptank Riverboat Company's reproduction of an authentic 80-foot turn-of-the-century paddle wheeler. We will board the boat at the famous Suicide Bridge Restaurant pier, and then cruise comfortably for 3 hours in a fully enclosed air-conditioned lower deck or covered upper deck. All-you-can-eat steamed crabs, Maryland crab soup, fried chicken, clam strips, corn on the cob, coleslaw and dessert included. This trip is in collaboration with the City of Fairfax Young at Heart Senior Center. Transportation will be a 55-passenger charter bus with a restroom.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|----------------|
| 141561-C1 | 6/12 | 1 | W | 8am-6pm | 55-99 | \$134/\$167.50 |

"D.C. FIGHTS FOR FREEDOM" AT THE TEXTILE MUSEUM

As the capital city, D.C. has repeatedly found itself at the center of the nation's ongoing struggle for freedom, representation, and equal rights. Drawing from special collections at George Washington University Museum, this exhibition highlights some of the D.C. leaders and events that have shaped these fights, from anti-slavery campaigns to the Civil Rights movement. Our tour guide will be the curator of the Washingtonian collection at the museum. Lunch will be on your own at Founding Farmers-a 4-minute walk from the museum. This trip is part of Liberty Amendments Month.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|------------|-------|--------------|
| 141562-A1 | 6/26 | 1 | W | 9:30am-3pm | 18-99 | \$55/\$68.75 |

WOMEN IN THE ARTS MUSEUM

We will enjoy a private group tour of the museum's exhibition "Remix: the Collection" showcasing familiar collection favorites as well as never-before-exhibited recent acquisitions. Artworks are grouped around themes, in some cases anchored by a medium and in others by an idea, that resonate among global artists across time, including photography, fiber works, the colors red and purple, nature, domesticity, and more. Lunch will be on your own at the Mezzanine Café in the museum. This trip is part of Liberty Amendments Month.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|----------|-------|--------------|
| 141559-A1 | 7/9 | 1 | T | 10am-3pm | 16-99 | \$66/\$82.50 |

"MURDER ON THE ORIENT EXPRESS" AT RIVERSIDE CENTER

Just after midnight, a snowdrift stops the Orient Express in its tracks. The luxurious train is surprisingly full for the time of the year, but by the morning it is one passenger fewer. An American tycoon lies dead in his compartment, stabbed eight times, his door locked from the inside. Isolated and with a killer in their midst, the passengers rely on detective Hercule Poirot to identify the murderer – in case he or she decides to strike again! Before the show we will enjoy a three-course, chef-prepared meal served by an experienced staff of waiters. The ticket price includes the meal and show.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|-------------|-------|----------------|
| 141560-A1 | 8/14 | 1 | W | 10:30am-6pm | 55-99 | \$142/\$177.50 |

MATURE ADULT TRIPS



“JERSEY BOYS” AT TOBY'S DINNER THEATRE

The fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history! JERSEY BOYS takes you behind the music of Frankie Valli and The Four Seasons. Discover the secret of a 40 year friendship as they work their way from the streets of Jersey to the heights of stardom. Filled with chart-topping hits including: “Sherry,” “Big Girls Don’t Cry,” “Can’t Take My Eyes Off You,” “Dawn,” and “My Eyes Adored You,” which brought them their highest honor: induction into the Rock ‘n’ Roll Hall of Fame. Included in your ticket fee is a 25-item salad bar, carving station, and a plentiful buffet. Toby’s is one of the few regional dinner theatres featuring a live orchestra.



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------------|-------|-------------|
| 141554-A1 | 7/24 | 1 | W | 9:30am-5:30pm | 55-99 | \$128/\$160 |

TRIP ACTIVITY LEVELS

All of our trips feature activity level icons as guides to the type of itinerary and level of challenge you can expect to encounter while travelling with us. The information below explains what each activity level means, so you can make sure you find the right trip for you. **If you require an accommodation to participate on a trip, please call 703-255-7801.**



EASY GOING: Minimal Walking



ON YOUR FEET: Getting on and off the bus, standing and strolling through museums



KEEP THE PACE: Walking historic areas at a moderate pace, stairs, able to keep up with the group



LET’S GO! Physically challenging, capable of walking three or more miles over uneven terrain including hills and rocks

MATURE ADULT ADVENTURE DAZE

Do you still have the adventurous spirit you had when you were a kid? If you are an active older adult between the ages of 55-80 who finds joy in the outdoors and nature, then these summer day-trip experiences are just for you.

Come have fun, form friendships and be ready for adventure! Fee includes van transportation, a morning snack, and a one-of-a-kind aluminum water bottle. Please plan on paying for lunch at a nearby restaurant for each trip. This program is limited to the first 10 participants, so register early!



DISCOVERY HIKE AT GREAT FALLS

Join a National Park Service Ranger and walk approximately one mile along the Patowmack Canal Trail. Enjoy sites of the historic canal and explore the complex stories and ecosystem that makes up Great Falls Park. Learn about the life of early native Americans, its flooding history, geology, and historical significance. Water bottles and closed toe shoes are highly recommended. Lunch will be on your own at The Old Brogue.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|------------|-------|--------------|
| 141555-A1 | 8/19 | 1 | M | 9:15am-3pm | 55-80 | \$26/\$32.50 |

SKYLINE CAVERNS

In 1937 Walter S. Amos exposed secret caverns in the Shenandoah Valley that had lain beneath the earth’s surface for 60 million years. On our one-hour tour, a knowledgeable guide will escort our group through the caverns, explaining the geological history while challenging our imagination, making our tour educational, exciting, and entertaining. There will be time to visit The Skyline Caverns gift shop and Skyline Caverns Rock Shop offering a unique selection of gemstones and minerals from around the world. Lunch will be on your own at PaveMint Smokin’ Taphouse.



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|-----------|
| 141556-A1 | 8/21 | 1 | W | 9am-3pm | 55-80 | \$35/\$44 |

HORSEBACK RIDING AT FORT VALLEY RANCH

Come enjoy a morning 1-hour ride through the Shenandoah mountains, with cool shaded trees, crossing a creek and riding alongside a waterfall. When riding at the ranch, you will experience the tranquil setting of the woods, often spotting wildlife, like a turkey, deer, raccoon or snake. Their horses are fitted for beginner riders. After our ride we will have time to visit their General Store and have a campfire lunch provided by the ranch.



| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|---------|-------|--------------|
| 141557-A1 | 8/27 | 1 | T | 8am-3pm | 55-80 | \$66/\$82.50 |

SPLATTER PAINT ROOM

Join us for a unique creative experience at the Splatter Paint Room in Manassas, Va. Enjoy an hour of wild fun throwing paint around at a 16x20 canvas in a super unique Splatter Paint Room! You will be provided with a full body jumpsuit, goggles, gloves and 6 stock colors (white, black, red, yellow, green, and blue). Splatter paint art technique does not require special skills or training and is fun for all ages. Even if you have never painted, you will get an original finished artwork along with great stress relief. Lunch will be on your own at El Rey Tolteca.

| Activity # | Dates | # of Classes | Day | Time | Age | R/NR |
|------------|-------|--------------|-----|-------------|-------|--------------|
| 141558-A1 | 8/29 | 1 | Th | 10am-2:30pm | 55-80 | \$45/\$56.25 |



ADULT DROP-IN & ON-GOING PROGRAMS

****PLEASE NOTE: Drop-in programs may be moved or cancelled due to special programs. Every effort will be made to inform participants.**



DROP-IN BASKETBALL, VOLLEYBALL AND PICKLEBALL

All drop-in participants must have a pass (fob) to participate. Vienna residents play for free. Out of town residents can pre-pay for up to 40 visits at \$3 per visit. In-person registration is required. Please bring a valid photo I.D.

BASKETBALL

Monday/Wednesday/Friday | 8 – 10:30 p.m.

VOLLEYBALL

Monday/Friday | 8 – 10:30 p.m.

INDOOR PICKLEBALL

Monday/Wednesday (until June 12) | 11 a.m. – 1 p.m.

Friday (until June 14) | 11 a.m. – 2 p.m.

**Thursday (until mid-November)
6 p.m. – 10 p.m**

OUTDOOR PICKLEBALL AND TENNIS COURTS

Please visit viennava.gov/courts for more information

TAI CHI CHUAN - QIGONG

Tai Chi Chuan-Qigong is an easy, gentle, low-impact exercise for better balance, general health, and flexibility. Suitable for all. To join this fun, welcoming group in-person or via Zoom® contact hanname1122@gmail.com. The Tai Chi group meets in-person on Tuesdays, Wednesdays, and Fridays at the Vienna Community Center from 7:30 - 8:30 a.m. and Zoom® Monday and Thursday from 7:30 - 8:30 a.m. The Qigong group meets in-person Mondays from 7:30-8:30 a.m.

No Qigong or Tai Chi the last two weeks in August

FIVE CROWNS CARD GAME

3rd Monday | 10 a.m. – 11:30 a.m.

Five Crowns is a five-suited rummy-style card game that appeals to a wide array of card players! You will also improve your dealing etiquette, make new friends, and encourage others. This card game is great for flexible group numbers.

No Five Corwns 8/19

SCRABBLE

Monday | 12:30 – 4 p.m.

Come out and make new friends as you play the game of Scrabble, a board game in which words are formed by placing lettered tiles in a pattern like a crossword puzzle.

No Scrabble 8/19, 8/26

A STITCH IN TIME - KNITTERS CIRCLE

Tuesday | 1 – 4 p.m.

Come meet others who enjoy knitting and crocheting and sharing their craft. For knitters of all skill levels. A great way to get yourself to knit and gather to have pleasant conversation.

No Knitting 8/20, 8/27

MAH JONGG

Thursday | 12:30 – 4 p.m.

Mah Jongg was introduced to the United States in 1920. American rules Mah Jongg is played here. There is no formal instruction, however, regular players are glad to tutor new players. All abilities are welcome. *No Mah Jongg 7/4, 8/22, 8/29*

RUMMIKUB

Thursday | 12:30 – 4:30 p.m.

Rummikub is a tile-based game for two to four players, combining elements of the card game rummy and mahjong. Players try to be the first to play all of the tiles in their rack by placing them in runs and groups, rummy style.

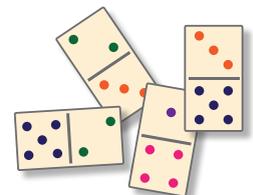
No Rummikub 8/22, 8/29

DOMINOES

Friday | 12:30 – 3:30 p.m.

Come out and make new friends as you play the game of Dominoes. Newcomers and beginners, this is an easy game to learn.

No Dominoes 8/23, 8/30



ADULT DROP-IN & ON-GOING PROGRAMS



SUMMER 2024 SPECIAL EVENTS

CANASTA

Wednesday | 12:30 – 3:30 p.m.

Canasta is a card game in which four people play in fixed partners opposite each other. Two 52 card standard packs plus four jokers are shuffled together to make a 108-card pack. Seasoned players are willing to help others and welcome newcomers to the game.

No Canasta 8/21, 8/28



FIRST FRIDAY FLICKS

First Friday of every month | 2 p.m.

July 5

"Hidden Figures" — 2016

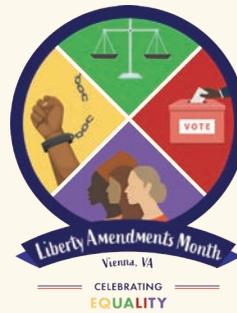
August 2

"Rope" — 1948

September 6

"The King's Speech" — 2010

Come and enjoy an afternoon of entertainment as we show classic movies at the Vienna Community Center for adults 55+ on our 13' X 9' dimension screen with specialized surround sound. Free popcorn available, or bring your own snack.



LIBERTY AMENDMENTS MONTH

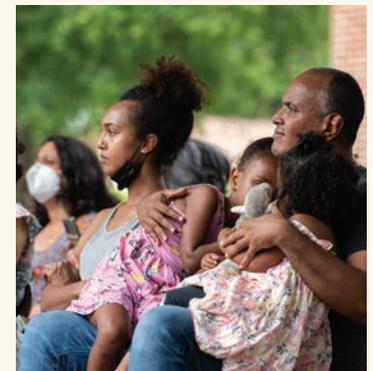
June 15 – July 15, 2024



Celebrating the history and cultures surrounding the passage of the 13th, 14th, 15th, and 19th amendments. Each week will feature kids' programs, educational events, lectures and discussions, pop-up events, and music and entertainment. Watch for the full schedule at www.viennava.gov/libertyamendments.

Share Your Story

Area residents and businesses are encouraged to share family stories about what it has meant to be or become an American through a new Liberty Amendments Month (LAM) interactive program called "Our American Liberty Stories." If you have an



interesting story to tell about your journey to America, path to citizenship, or what it means to be American, share it with us! Stories can be shared in any format from now through May 15. The Town and LAM committee will be offering story workshops in April – keep an eye out for more details at the link below and on Town social media. A worksheet and submission form are available on the Town's website at www.viennava.gov/story.

Questions? Contact lily.widman@viennava.gov or call 703-255-5738.



TOWN OF
VIENNA
Parks and Recreation

REGISTRATION FORM

TOWN OF VIENNA PARKS AND RECREATION
120 CHERRY ST. SE
VIENNA, VA 22180
PH: 703-255-6360 / FAX: 703-255-6399
www.viennava.gov

VCC USE ONLY - DATE: _____
REGISTRATION ACCEPTED BY: _____

CHECK ONE: RESIDENT ___ Non RESIDENT ___
CHANGE OF ADDRESS: YES ___ NO ___
EMAIL ADDRESS CHANGE: YES ___ NO ___

ONE HOUSEHOLD PER REGISTRATION FORM

HEAD OF HOUSEHOLD LAST NAME: _____ FIRST NAME: _____
ADDRESS: _____ BIRTHDATE: _____
CITY: _____ STATE: _____ ZIP CODE: _____
HOME PHONE:(____) _____ WORK PHONE:(____) _____
CELL:(____) _____ (CELL PROVIDER): _____ EMAIL: _____
EMERGENCY CONTACT: _____ EMERGENCY PHONE NUMBER:(____) _____

| PARTICIPANT NAME FIRST/LAST NAME | BIRTHDATE | M/F | ACTIVITY NUMBER AND SECTION (222222 A1) | ACTIVITY NAME | FEE |
|-------------------------------------|-----------|-----|---|---------------|------|
| SAM SAMPLE | 1/2/03 | M | (222222 B1) | GYMNASTICS | \$32 |
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|---|--------------------------------------|--|-------|
| PAYMENT METHOD | | TOTAL FEES: _____ | |
| CHECK MADE PAYABLE TO: TOWN OF VIENNA | Total: _____ | LESS HOUSEHOLD | _____ |
| CASH (<i>Exact change only</i>) | Total: _____ | CREDIT: | _____ |
| CREDIT CARD: | Total: _____ | TOTALPAID: | _____ |
| <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover | Exp. Date: ____/____/____ CVC: _____ | PLEASE REVIEW OUR REFUND POLICY BEFORE REGISTERING FOR CLASS. | |
| Signature _____ (<i>I agree to pay above credit card total</i>) | | | |

In consideration of the registrant being granted permission by the Town of Vienna, Virginia to participate in this program & associated activities, I hereby release the Town of Vienna, Virginia & its officers, employees, agents, & volunteers from any & all liability relating to or arising out of the registrant's participation. The Town neither endorses nor provides any financial advice or counseling and financial counselors and/or lecturers are not employed by the Town. Any registrant to a financial counseling seminar or lecture assumes all risk of loss as a result of following any lecturer's advice. I authorize the Town of Vienna and its officials, employees, agents & volunteers, at any such person's discretion to administer emergency first aid treatment & at my expense to obtain the services of a physician(s) and/or rescue squad & authorize the same to effect such treatment of the registrant as they deem advisable. Participants in activities sponsored or cosponsored by the Park and Recreation Department consent to the department's use of any photograph, in film or videotape of the activity in any marketing or promotional materials.

SIGNATURE OF PARTICIPANT, PARENT, GUARDIAN _____ DATE _____

**Town of Vienna
Parks and Recreation**

120 Cherry Street, S.E.
Vienna, Virginia 22180



Juneteenth Celebration

Saturday, June 15 2024 | 11 a.m. – 3 p.m.

First Baptist Church

Celebrate Juneteenth and join us for the Liberty Amendments Month kick off and opening ceremony. This event will feature live music, kids entertainment and bounce houses, food trucks, craft vendors, a kids book give away, voter registration, and more! As a part of the event there will also be a car show taking place at the Elks Lodge located just down the street at 250 Nutley St. NW.

More information will be available at www.viennava.gov/libertyamendments.