

Gallons Used Per Person Per Day

The average person uses 101.5 gallons of water per day. Here's how:



A full tub uses around **36 gallons**



3 gallons per flush x 6-8 flushes per day = **18-24 gallons**



10 minute showers x 2 gallons per minute = **20 gallons**



A washing machine utilizes **15 gallons** per load



Depending on efficiency of dishwasher: **4-10 gallons**



Hygiene (washing face, brushing teeth, etc.) **2.5 gallons**



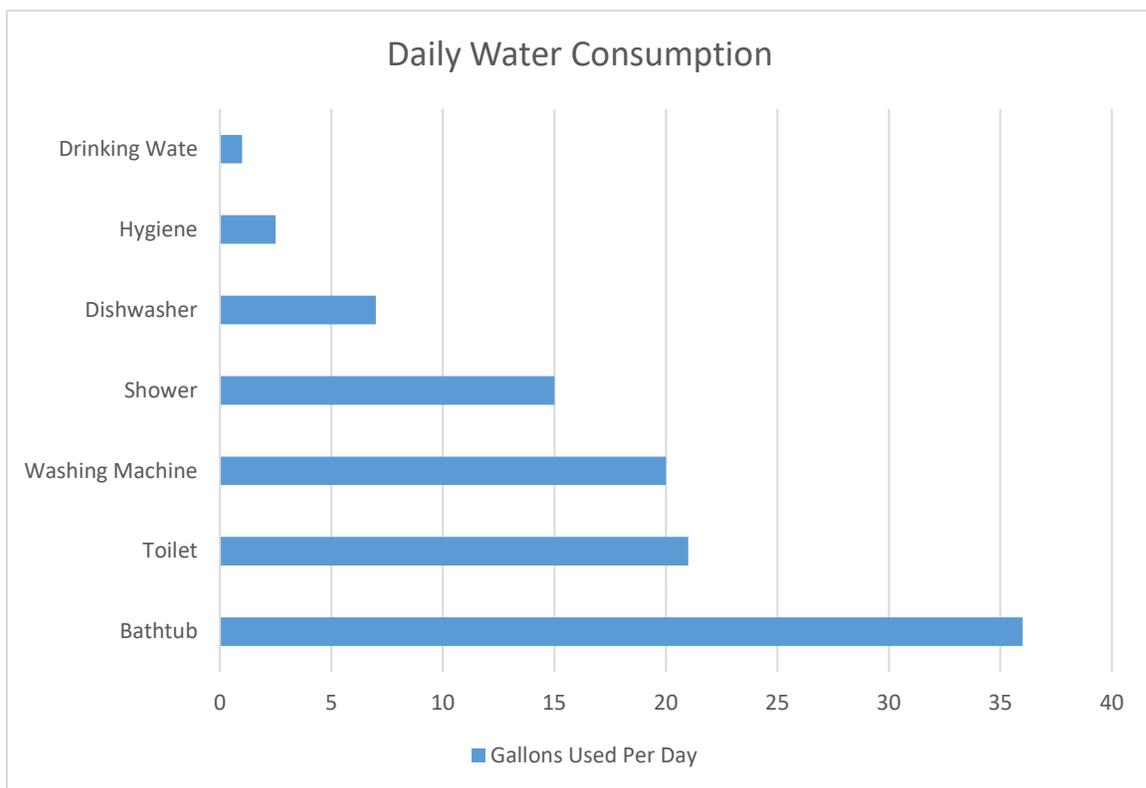
8 glasses of 8oz cups of water is recommended **1 gallon**

In the United States, we are lucky to have easy access to some of the safest treated water in the world – just by turning on the tap.

We wake up in the morning, take a shower, brush our teeth, grab a cup of coffee, and head out for the day. Water is an important part of our daily lives and we use it for a wide variety of purposes, but do we really understand how much we use?

The average American family uses more than 300 gallons of water per day at home. Roughly 70 percent of this use occurs indoors.

Consumption Data on Various Household Appliances in Gallons



In addition, there are other miscellaneous uses of water in the house which may be very significant, depending on the degree of water conservation by the household. Such consumption includes household leaks from piping, toilets and other appliances, dripping faucets and the hosing of sidewalks, driveways, garages and building.