



VIENNA PARKS AND RECREATION

# Wellness & Safety Expo 2024

For Mature Adults Ages 55+

**MAY 10, 2024 • 11 A.M.-2 P.M.**  
**VIENNA COMMUNITY CENTER**

Featuring a wide variety of exhibitors-including government agencies, nonprofits and local businesses offering information and answering questions

## Event Highlights:

- 11:30 a.m. Vienna Police Officer Fitchue- Scam & Fraud Prevention
- 12:15 p.m. Vienna instructor Kate Mantoya- Essentrics demo
- 12:45 p.m. Vienna instructor David Cohen- Tai Chi demo
- 1:15 p.m. Vienna instructor Teresa Fletcher- S.A.I.L. class demo
- 11 a.m.-2 p.m. Open play pickleball demonstration

Questions or to be a vendor call 703-255-7801  
[www.viennava.gov/wellness](http://www.viennava.gov/wellness)

