CALENDAR

SATURDAY, SEPTEMBER 4

Recycling day for used motor oil/antifreeze/car batteries, 8 a.m.-2 p.m., Town property yard, 247 Nutley St., N.W.

MONDAY, SEPTEMBER 6

Labor Day. Town Hall closed. Trash collection as usual on the Monday/Thursday route.

TUESDAY, SEPTEMBER 7

Windover Heights Board of Review, 8 p.m. at Town Hall.

WEDNESDAY, SEPTEMBER 8

Planning Commission, 8 p.m. at Town Hall.

THURSDAY, SEPTEMBER 9

Town/Business Liaison Committee, 8 p.m. at Town Hall.

MONDAY, SEPTEMBER 13

Town Council, 8 p.m. at Town Hall.

TUESDAY, SEPTEMBER 14

Mayor's Advisory Committee, 8 p.m. at Town Hall.

WEDNESDAY, SEPTEMBER 15

Board of Zoning Appeals, 8 p.m. at Town Hall.

THURSDAY, SEPTEMBER 16

Board of Architectural Review, 8 p.m. at Town Hall. Rosh Hashanah.

MONDAY, SEPTEMBER 20

Town Council work session, 8 p.m. at Town Hall.

TUESDAY, SEPTEMBER 21

Beautification Commission, 8 p.m. at Town Hall.

WEDNESDAY, SEPTEMBER 22

Planning Commission, 8 p.m. at Town Hall.

SATURDAY, SEPTEMBER 25

Yom Kippur.

MONDAY, SEPTEMBER 27

Town Council, 8 p.m. at Town Hall.

TUESDAY, SEPTEMBER 28

Transportation Safety Commission, 8 p.m. at Town Hall.

TRASH AND GRASS CLIPPINGS FIRST COLLECTION DAY, CURBSIDE RECYCLING SECOND COLLECTION DAY EACH WEEK. VIENNA POLICE
EMERGENCY
938-4900 (Voice)
255-5730 (TDD)
Non EMERGENCY
255-6368 (Voice)
255-5730 (TDD)
VIENNA TOWN HALL
255-6300 (Voice)
255-5735 (TDD)
COMMUNITY CENTER
255-6360 (Voice)

isis of disability in the admission or access to treatment or employment in, its programs tivities. The Director of Human Resources, 12 enter St., S., Vienna, VA, has been designate coordinate compliance with the non-discrintion requirements.

Vienna Town Hall 127 Center Street, South Vienna, Virginia 22180 Isiness Hours Monday-Friday, 8 a.m.-4:30 p.m.

Bulk Rate U.S. POSTAGE PAID Vienna, Va. Permit No. 36 September 1993
VIENNA
EVSLETTER

Library Will Be Closed Temporarily As Major Renovation Project Begins

Fairfax County Public Library's Patrick Henry branch in Vienna will be closed Wednesday, September 1, through Wednesday, November 17, for the start of a major construction and renovation project.

The collection and furnishings will be removed while workers prepare the site for a new addition. Basic library service will resume on November 18 in part of the existing structure.

The temporary facility will offer about 50,000 books and other items, with the same operating hours as at present. Materials may also be ordered from other branches. Children's pro-

grams will be held at the Vienna Community Center through the rest of the year.

In November 1994, the facility will close for about 12 weeks in preparation for the opening of the completely renovated library in February 1995.

Plans for the branch renovation incorporate features recommended by citizens, including a separate children's room and information desk.

For more information about the construction and renovation project, call the Library Administration Office at 222-3155.

CLOSED ON MONDAY, SEPTEMBER 6, FOR LABOR DAY. TRASH WILL BE COLLECTED AS USUAL FOR RESIDENTS ON THE MONDAY/THURSDAY ROUTE.

TOWN HALL WILL BE

Vienna's Recycling Rate Leads County

The Town of Vienna's recycling rate was the highest in Fairfax County last year, according to the County Division of Solid Waste Collection and Recycling.

The County's waste stream analysis for calendar year 1992 shows that Vienna had a recycling rate of 37 percent. This means that 37 percent of the refuse collected in town was recycled instead of being dumped at the County landfill. During the same period, Fairfax City had a recycling rate of 34 percent, Falls Church 31 percent, and Herndon 29 percent. The total Fairfax County recycling rate was 30 percent. All County jurisdictions have now surpassed the State-mandated requirement of 25 percent recycling by 1995.

Out of a total waste stream of 23,596 tons, the Town recycled 8,645 tons. Residential recycling totaled 5,176 tons and commercial recycling 3,469 tons. At the current landfill fee of \$46 per ton, Vienna taxpayers are saving hundreds of thousands of dollars each year by recycling.

SPECIAL PICKUP DEADLINE - October 1 is the last day to call for a special trash pickup in 1993. No special pickups are made in November and December, the peak of fall leaf collection. To order a special pickup, call 255-5727.



Around Our Town - Community Happenings of Interest

Historic Vienna, Inc. will hold a general membership meeting at 8 p.m. September 28 in the Education Building at Vienna Baptist Church, 541 Marshall Rd., S.W. The Rev. Lawrence E. Matthews, pastor of Vienna Baptist, will present a program on Jeremiah Moore, Baptist preacher and Revolutionary War veteran, and show slides of Moorefield, the farmhouse built by Moore in 1790, before surrounding development took place. Historic Vienna, Inc. is undertaking a fundraising campaign for Moorefield's restoration. For more information, call 938-5187.

American Association of University Women, Vienna Area Branch will hold a tea for prospective members on Sunday, September 19, from 2 to 4 p.m. in the Townes of Moorefield Community Building, 815 Tapawingo Rd., S.W. AAUW promotes education and equity for women and girls. Membership is open to graduates of accredited four-year colleges or universities. For more information, call Carolyn Baker at 255-0199.

Newcomers Club of Vienna and Friends will resume its activities after a summer break with a luncheon at Marco Polo Restaurant on September

9. New residents are invited to call 560-8612 or 281-4811 for luncheon reservations. The club also plans a bus tour to Baltimore on September 23; for reservations, call Betty Lynch at 938-3505.

Welcome Wagon of Vienna-Oakton will host a new member coffee at 10 a.m. Wednesday, September 29. For information, call Barbara Franchi, 759-

Vienna Farmers' Market is open each Wednesday from 9 a.m. to 1 p.m. at Nottoway Park. Winter squash, broccoli, cauliflower, cabbages, apples and pumpkins, along with fresh cilantro and dill, will appear in September. A special children's drawing for Halloween pumpkins will be held this month. For more information about the Vienna Farmers' Market, call Ed Bielecki, volunteer market manager, at 281-3530.

Great American Circus will perform at the following locations this month: Lake Fairfax in Reston September 21; Springhill Recreation Center in McLean September 22; Oak Marr Recreation Center in Oakton September 23; and Lee District Park in

Alexandria September 24. Show times are at 5:30 and 7:45 p.m. daily. The circus is sponsored by the Fairfax County Park Authority. For information, call 246-5700.

International Children's Festival. presented by the Fairfax County Council of the Arts, will be held at Wolf Trap Farm Park for the Performing Arts September 4, 5 and 6, 10 a.m.-4:30 p.m. Bob McGrath of Sesame Street will return as host of this year's festival, which highlights the music, dance, drama and crafts of Africa and the Middle East. Admission is \$9 for adults, \$7 for children aged 3-12 and senior citizens, and free for children under age three. Tickets are available at the Wolf Trap box office or through ProTix. For information, call 642-0862.

Fairfax County Commission on Aging will hold its annual meeting at 10:30 a.m. Wednesday, September 22, at the Reston-Herndon Senior Center, 1850 Cameron Glen Dr. in Reston. The meeting will be chaired by Vienna resident Gerri Evans, the Commission's Hunter Mill District representative. She will report on the status of senior citizen programs in the county, including long-term care, transportation, housing and health care. Hunter Mill District Supervisor Bob Dix will also be at the meeting. For directions, call 481-4200.

Vienna Woman's Club 33rd annual Harvest Bazaar still has space for crafters available. To receive an application, call Katherine Allen, 938-1663, or Betty Stone, 281-3832. The Harvest Bazaar is scheduled for November 13 at the Vienna Community Center. It is the club's primary fundraiser for its scholarship program.

Open house at the Vienna railroad station Saturday, September 18, from 1 to 5 p.m. The Northern Virginia Model Railroaders, Inc., invite the

(continued on p. 4)

NEWS FROM VIENNA PARKS AND RECREATION

For more information about any of the activities listed below, call the Vienna Parks and Recreation Department at 255-6360. All activities are held at the Vienna Community Center unless stated otherwise.

SPECIAL EVENTS

Vienna Theater Company invites everyone interested in any aspect of theater to attend its annual open membership meeting at 7:30 p.m. September 16. Hard working, dedicated individuals are needed in directing and producing, acting, staging, music, set construction, publicity and bookkeeping. The Vienna Theater Company is very active and produces several shows each year. Its next production will be "The Nerd," a comedy, this winter.

Top Side, the U.S. Navy Band's new jazz combo, will perform at 8 p.m. Friday, September 10. Admission is

BUS TRIPS

Evening at Charles Town Races is scheduled for Saturday, September 18. A charter bus will leave at 5 p.m. and return following the last race. The cost of \$23 per person includes transportation, admission to the club house, and official program. September 10 is the reservation deadline.

SENIOR CITIZENS

55 Alive Mature Driving Program, sponsored by the American Association of Retired Persons, will be held Monday and Tuesday, September 27 and 28, from 9:45 a.m. to 3 p.m. The registration fee is \$8 per person; advance registration is required.

The course covers the effects of aging and medications on driving, basic driving rules, license renewal, local traffic hazards, adverse road conditions

and accident prevention measures. Graduates of the course could receive a discount on their car insurance.

Write your personal history for yourself, family members and future generations. Classes will be held each Thursday, September 23 through November 18, from 10 a.m. to 12:30 p.m. No previous writing experience is necessary. This course is free of charge, but advance registration is required.

Free blood pressure checks will be offered on Monday, September 20. Members of The Medical Team will be available beginning at 11:30 a.m. to check your blood pressure.

Ongoing activities for senior citizens include fitness class, crafts, walking club, pickleball, table tennis and bocce (lawn bowling).

MANAGING YOUR MONEY AND YOUR ESTATE

Avoiding probate is the subject of a free 90-minute discussion on Monday, September 13, beginning at 10 a.m. Attorney David Hoffman will speak about estate administration, living trusts, joint ownership, P.O.D. arrangements, buy sell agreements, and more.

Thinking about retirement? Join personal financial planners Jesse Cotter and Ray Susake for a free seminar on financial planning for retirement at 10 a.m. Wednesday, September 15. The discussion will include the importance of having a balanced financial plan, inflation, taxes, risk management, protection planning, long-term care and estate planning.

SPORTS & FITNESS

Fall Tennis League - Men's singles games will begin on Tuesday, September 14, and women's singles games on

Thursday, September 16, at Meadow Lane and Glyndon Parks. Each participant will play a maximum of seven matches during the season, with trophies awarded to the top two winners in each division. The fee is \$7 for Town of Vienna residents and \$8.75 for out-of-town participants.

Ongoing drop-in basketball for adults is held on Mondays and Wednesdays, and drop-in volleyball on Tuesdays and Thursdays, from 8:45 to 10:30 p.m. These activities are free of charge for Town of Vienna residents and \$3 per session for out-of-town participants.

Drop-in table tennis is offered on Tuesdays from 8:30 to 10:30 p.m. at no charge.

POTPOURRI

Registration is underway for fall classes sponsored by Vienna Parks and Recreation. Class brochures containing registration forms are available at the Community Center and Town Hall. Classes include favorites such as arts and crafts, theater and dance, and a variety of exercise programs. Town of Vienna residents over age 65 may register for most classes free of charge.

Drop in and dance on Sunday, September 12 and 26, 2-4 p.m. Admission \$3 per person. Saturday night dance for adults September 18 at 8 p.m. Admission \$5 per person, \$9 per couple.

Did you know? The Vienna Community Center is a great place to hold children's birthday parties. The fee of \$12.50 per child (minimum 10 children) includes refreshments, paper supplies, and a variety of games and activities, including music, tumbling, an obstacle course, and more. Parents take care of supervision and serving refreshments. Parties are scheduled on a space-available basis on Saturdays and Sundays at 11 a.m., 1 p.m. or 3 p.m.

TOWN OF VIENNA NEWSLETTER

Vol. CIII, No. 9 Vienna, Virginia September 1993

VIENNA TOWN COUNCIL

Charles A. Robinson, Jr., Mayor Albert J. Boudreau Martha B. Garvie

George E. Lovelace

Vincent J. Olson Martha H. Pruett Rodger W. Seeman

Send news and comments to Vienna Newsletter c/o Town Hall. Deadline for October issue is Wednesday, September 15.

The Town Council invites citizens to submit comments for publication in the Newsletter. Please include your name, address and daytime phone number. (This information will not be published.)

Can Your House Number Be Seen?

It's a life-threatening situation where police, fire or ambulance service is needed. You dial 911 and feel confident that help will soon be there. You hear the sirens coming and see the flashing lights reflecting off the trees. But wait, they did not stop. They went too far. Maybe they could not see your address.

According the the Fairfax County Fire and Rescue Department, one of the recurrent problems emergency personnel encounter when responding to calls is missing or hard (sometimes impossible) to read house numbers. Precious time is wasted looking for the location of an emergency because the address is not properly posted so it is visible and distinguishable from the

Try driving past your house during the day and again at night to see how easy your numbers are to read. Both the size and location of numbers are important. They should be large enough and placed so that they can be read from the center of the street going in both directions on the darkest night, in the worst of weather, and not obscured by shadows or hidden by

How does your house measure up to this checklist?

✓ Script writing may look appealing, but can you read it on a dimly lit street from a moving vehicle?

✓ Are your house numbers large enough to be seen from the street?

✓ Do the numbers contrast sharply with their background?

✓ If the house is some distance from the street or the view of the house is blocked by trees or shrubs, are your house numbers on a sign attached to a tree, fence, gate, or lawn stake near the street?

✓ On a corner lot, do the house numbers face the street named in your address?

✓ Are your house numbers illuminated or easily visible at night?

If you have questions about the proper method of posting your address for safety, call the Fire and Rescue Department at 246-3801.



Business/Shopping Expo Offers Sampling of Town Merchants

Would you like to get a jump on your holiday shopping while supporting your community businesses? Then mark your calendar to attend "Passport to Discovery II," the second annual business/shopping expo sponsored by the Greater Vienna Chamber of Commerce, on Saturday, November 6, from 10 a.m. to 5 p.m. at the Vienna Community Center.

The expo will feature business promotions, free seminars on business services, food tasting, celebrities, a

fashion show, and merchandise for holiday shopping.

Your free "passport" awaiting you at the entrance will allow you to "discover" the many facets of the Vienna business community. Fill your passport with validations by visiting each booth and become eligible for prize drawings. Look for more details in next month's Newsletter.

Businesses interested in exhibiting at the expo should call the Chamber office at 281-1333.

Convenient Location & Friendly Service ADVANTAGE VIENNA Support Our Hometown Businesses

County Agenda Subscriptions Available

Citizens who would like a detailed and timely report on Fairfax County government delivered directly to their mailbox can subscribe to the Weekly Agenda, the Board of Supervisors' newsletter.

The Weekly Agenda carries schedules of upcoming meetings of the Board of Supervisors, Planning Commission, Board of Zoning Appeals and other boards, authorities and commissions. It also includes a summary of actions taken by the Board of Supervisors at its meetings and a variety of articles on County activities and servic-

To subscribe to the Weekly Agenda, send your name, address and a check for \$12 payable to the County of Fairfax and marked "Weekly Agenda subscription" to:

Weekly Agenda Subscriptions Office of Public Affairs, Suite 551 12000 Government Center Pkwy. Fairfax, VA 22035-0065

The subscription fee helps offset printing and mailing costs. A limited number of free copies of the newsletter are available at County libraries and government centers.

For more information, call the Citizens Assistance Desk at 324-3185.

Constitution Week



Mayor Charles Robinson presents his proclamation declaring September 17 through 23 as Constitution Week to Terry Ward of the Fairfax County Chapter, Daughters of the American Revolution. September 17 marks the 206th anniversary of the drafting of the U.S. Constitution, and during that week all citizens are encouraged to study that document and pay special attention to the advantages of American citizenship.

Flood Plain Info Available

The Town of Vienna maintains flood plain information on those properties in the area of Wolftrap Creek, Piney Branch and Bear Branch.

Federal law requires that a flood insurance policy be obtained as a condition of a federally backed mortgage or loan that is secured by the building. If you have such a mortgage or loan, a flood insurance policy should be obtained from a local insurance carrier.

To determine whether your property is in a flood plain, write the Public Works Department in care of Town Hall, or call 255-6380.

Vienna Newsline 255-6333

Town Code Limits Number of People Permitted in a Residential Dwelling

Many residential property owners rent part of their house, townhouse or condominium, or if they own more than one residence, may rent the second. Your Vienna Planning and Zoning Department reminds you that the Town limits the number of individuals who can live in any residential dwell-

Either a "family" or "family equivalent" is permitted to occupy a singlefamily home, townhouse, condo or apartment. The Town Code defines these terms as follows:

• A family is one or more persons related by blood or marriage occupying a single housekeeping unit and using

common cooking facilities. In addition to the persons related by blood or marriage, not more than two boarders or lodgers are permitted.

• A family equivalent is two or more individuals not related by blood or marriage and not exceeding four

Private apartments that are separated from the main dwelling unit and in-law suites are prohibited by the Town Code.

Please keep these regulations in mind if you rent part of your home or a second residence. For more information, call the Planning and Zoning Department at 255-6341.

Public Hearings Set for September

All of the meetings mentioned below begin at 8 p.m. in the Council Chamber at Town Hall. For more information about the subjects of these public hearings, call the Planning and Zoning Department at 255-6341.

The Town Council has scheduled two public hearings for its September 13 meeting. The first hearing is on a proposed ordinance to allow the conditional use of accessory buildings for dwelling purposes. Occupancy of the accessory dwelling would be limited to immediate family members who are over age 65 or who are physically or mentally disabled, or to persons employed entirely on the premises to provide child care, medical care or other care services.

The second public hearing scheduled for September 13 is on a proposal to eliminate the requirement for homeowners to obtain a permit before removing trees on their property. The proposed ordinance would, however, require a tree removal permit for any

new development or construction site.

At its September 27 meeting, Council will hold a public hearing concerning the assignment of permanent Town zoning designations for the Shell and Mobil stations in the 2500 block of Chain Bridge Road. These businesses were brought into Vienna's corporate limits as the result of a boundary adjustment with Fairfax County last January 1. A classification of C2 zoning (general commercial) has been proposed for both properties.

BZA TO HEAR APPEAL BY CELLULAR ONE

The Board of Zoning Appeals will hold a public hearing at its September 15 meeting on a request by Cellular One for a variance to construct a monopole tower in excess of height requirements at 344 Mill St., N.E., in the C-M zone (limited industrial). An earlier request to place an antenna atop the water tower on Nutley Street was denied by the Town Council.

Call these numbers 24 hours a day Police Info Line 255-6363

Around Our Town ... (continued from p. 2)

model railroad. The station is located at the corner of Dominion Road and Ayr Hill Avenue, N.E. For more information, call 938-5157. On the same day, members of the Optimist Club of Vienna will hold an open house from 12 noon to 3 p.m. at Vienna's railroad caboose, located near the railroad station.

Greater Vienna Chamber of Commerce will host a country and western dance at the Barns of Wolf Trap on Saturday, September 25, from 8 p.m. to 12 midnight. The Benny Dean Band will be featured along with dance instruction by Ron and Patti Harris of Dancin' Country. Tickets are \$12.50 in advance and \$15 at the door. Hors d'oeuvres will be provided and beverages available for purchase. Boot Hill, country and western outfitter, is donating gift certificates as prizes for various categories of dress and dance.

Freedom from Smoking, a six-week clinic conducted by the American Lung Association of Northern Virginia, will be held at the Lung Association office in Fairfax City beginning September 14. The cost is \$80 per person and offers the benefit of group support while teaching behavior modification techniques. Additional clinics are scheduled for later this fall in Falls Church, Reston, Springfield and Woodbridge. To register and for more information, call 591-4131.

Parenting Education Center of Fairfax County Public Schools Office of Adult and Community Education offers classes that cover childbirth preparation to adolescence and all the years in between. New offerings this fall include Raising Prejudice-free Children, Preventing Parent Burnout, and How to Have a Healthy Stepfamily. Classes are offered both in the daytime and at night, and tuitions are reasonable, many under \$20. For more information, call 506-2382.

The Women's Center will present "Careers in Public Relations" on Saturday, September 11, from 10 a.m. to 1 p.m. in the Fellowship Hall of Emmanuel Lutheran Church, 2589 Chain Bridge Rd. Six PR professionals will trace their career paths, share information on how to break into and advance within the field, describe agency and corporate positions in public relations, and answer questions. The fee is \$16 per person. To register and for more information about this and other Women's Center programs, call 281-2657.

Meadowlark Gardens Regional Park offers a free tour of perennials at 10 a.m. Saturday, September 25. The park is located outside Vienna off Beulah Road. For information, call 255-3631.

Hospice of Northern Virginia will begin a new session of volunteer training this month. A critical need exists for compassionate men and women who are available weekdays to help people of all ages with terminal illnesses, either in the patient's home or at one of Hospice's regional homes. For more information, call 538-2032.

HVI Antique And Craft Fair

Approximately 50 antique and craft dealers will be featured at the 13th annual Antique and Craft Fair sponsored by Historic Vienna, Inc., on Saturday, September 18, from 10 a.m. to 4 p.m. on the grounds of the Freeman House, 131 Church St., N.E. (rain date September 19). Admission is free.

Dealers will offer antique furniture, jewelry, glass, linens, china and silver; historic photographs, documents, stamps and coins; wood carvings; pottery; fabric dolls and other toys; wreaths; quilting; clothing; Christmas, Victorian and country crafts; and baseball cards. In addition, Historic Vienna will hold a sale of used books, records, cassettes and children's videos to benefit the Moorefield house restoration project.

Free tours will be given of the Freeman House general store and museum, and the original Vienna library, now located on the Freeman House grounds. The Vienna Community Band will perform at 2 p.m. The Vienna Host Lions Club will sell baked goods, breakfast rolls, sandwiches and coffee.

Halloween Parade Entry Deadline

The 47th annual Vienna Halloween Parade will step off at 7 p.m. Wednesday, October 27. Vienna area businesses and community organizations are invited to enter floats in the parade, the theme of which is "Youth of Today, Tomorrow's Future."

Scouts, school classes, athletic teams and other groups may also enter the parade as a marching unit, provided the parade theme is represented by costumes or props.

The deadline for parade entries is September 24. The Halloween Parade is sponsored by the Greater Vienna Chamber of Commerce in cooperation with the Vienna Jaycees and the Town of Vienna. For entry applications and more information, call the Chamber office at 281-1333.



BEAUTY SPOT

From Your Community Beautification Commission

Mark your calendar for October 16, the 2nd annual "Civic Pride, Cleanup Day." Last year, more than 25 organizations as well as individual Vienna residents aided in the cleanup. Look for more information in the October Newsletter and local newspapers.

This month's "Beauty Spot" awards go Vienna's service stations, which throughout the year are clean and attractive with seasonal plantings and decorations. Congratulations to: Vienna Exxon, 395 Maple Ave., E.; Vienna Sunoco, 410 Maple Ave., E.; and Mobil Oil Corp., 2523 Chain Bridge Rd.

Special mention goes to: Midtown Shell, 174 Maple Ave., E.; Vienna Amoco, 200 Maple Ave., E.; Chappell's Vienna Shell, 256 Maple Ave., E.; Vienna Mobil, 102 Maple Ave., W.; Vienna Texaco, 252 Maple Ave., W.; Mobil Oil Corp., 308 Maple Ave., E.; and James Madison Shell, 2524 Chain Bridge Rd.

Beauty tip: The Beautification Commission feels the subject of special trash pickups is important enough to repeat. Piles of debris and brush on our streets are unsightly and unsanitary. The Commission is working with the Public Works Department to solve this problem, but it needs the citizens' help. Once special pickup items have been placed at curbside, a call for a pickup must be made within 48 hours. Anyone who notices piles of trash is encouraged to help by calling the special pickup number, 255-5727. We need everyone's help in making Vienna more beautiful.

YIMBY Program Seeks Volunteers

Fairfax County's YIMBY (Yes, In My Back Yard) Program is looking for people with green thumbs. The YIMBY Program, administered by the Division of Solid Waste and Recycling, shows County residents how to recycle and reduce yard debris.

YIMBY is looking for avid gardeners who mulch, compost and grasscycle in their own yards to serve as YIMBY demonstrators and teach friends and neighbors sound gardening practices. Demonstrators post YIMBY signs in their yards and provide YIMBY literature to anyone who inquires about the program or gardening. Signs and literature are provided by the Fairfax Coun-

ty Waste Reduction and Recycling Program. Demonstrators make a significant contribution to their neighborhoods' appearance. It's not a bad way to find new gardening friends, either.

Volunteering as a YIMBY demonstrator is simple. Just call the County Recycling Hotline at 324-5052 and ask to serve as a YIMBY volunteer.

DID YOU KNOW? Yard debris makes up over 20% of the solid waste in Fairfax County! Call the Recycling Hotline for information on mulching, composting, and other ways to reduce yard waste.

Bicycle Helmet Is Good Investment

Each year nearly 50,000 bicyclists suffer serious head injuries in accidents, many of them young children riding on quiet neighborhood streets. Unlike a broken bone, which can heal, a head injury can lead to permanent disability or death. Bicyclists need the protection that a good helmet provides

The Fairfax County Fire and Rescue Department's Life Safety Education Section offers these tips for selecting a bicycle helmet:

- Make sure the helmet fits. It should be snug but not too tight. You should not be able to rock your head from side to side or front to back inside the helmet.
- Make sure it meets safety standards. Look for a "Snell Approved" or "ANSI Z90.4" standard sticker on the helmet.
- Make sure the helmet is adjustable. Fine tuning the helmet's fit can make a big difference in comfort and safety. Most helmets come with foam pads in assorted sizes to adjust the fit.
- Make sure your child likes the helmet. It's easier to get your child to wear a helmet if he or she helped pick it out and likes it.

Your child might not think helmets are "cool." You may think they cost too much. Starting new safety habits can be hard. These same excuses were used when helmets were introduced for football players, hockey players and motorcyclists. Today, however, several million bicyclists own and wear helmets when they ride. Encourage your child always to wear a helmet when riding a bike, and remember, children copy adults; if you ride, wear a helmet.

EFFECTIVE CYCLING CLASS AT COMMUNITY CENTER

Effective Cycling, the only nationally recognized cycling education course with certified instructors, will be held at the Vienna Community Center Mondays and Wednesdays, September 20-29, from 7:30 to 9:30 p.m., with outdoor riding sessions on Saturday, September 25 and October 2.

Topics include bike fit, equipment and tools, on-road repairs and maintenance, bike-handling and trafficriding skills, nutrition and training. An optional certification testing is available at the end of the course, the equivalent of a bicycle operator's license.

The fee for the course is \$65 for Town of Vienna residents and \$81.25 for out-of-town participants. To register and for more information, call the Parks and Recreation Department at 255-6360.